



MUSCULAR DYSTROPHY
NEW SOUTH WALES

Adventure Camp 2013 Port Stephens

Thanks to **ADHC** for your continued support of our camp program

The beautiful weather set the scene for what was going to be yet another inspiring camp! We kicked it off with surfing lessons, where I've never seen a bunch of more determined people try to do their best and conquer the waves. Campers' other favourite activities were sandboarding, quadbiking, parasailing and simply hanging around with their new mates at the Holiday Park. I can't thank the carers enough for their commitment to ensuring that the campers had the time of their lives! This camp has become really popular and will now continue in 2014 thanks to the great support of ADHC.



Mariam, our special carer of the camp



A rowdy mob on the boat



I can fly!!



Karate Chop with Bec



Crazy quadbikers



Brotherly love



Von and KT couldn't stop smiling

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My family as a whole cannot thank you enough. We have all had one amazing start to this year. The girls have now returned from what I suspect is another life changing event. Thank you again for all your wonderful hard work, time and dedication, these camps really are a credit to you and all the other staff at MD! Jo, mum

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Sam grabs a piggyback from Erica





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Thank you to you and your team for the past 5 days; Scott has had the time of his life and has talked non-stop about all the things he did and the wonderful people he met. Scott felt included like he had never been before and to exchange similar stories with the other boys was very comforting and therapeutic for him. He has made some great friends and can't wait to meet up with them again. *Suzee, mum*



Sophie loved her cuddles with Bec



Jenna impressed us all with her courage



Rowdy roommates



Jess the surfing girl!



Charlie gave great koala cuddles



The Mob!

Thank you for being so amazing at what you do and giving the kids an opportunity to step outside their boundaries and have an amazing time. It takes a lot of behind the scenes work to get these kinds of things up and running and it truly would not have been possible without you as the backbone! It was one of the most amazing things I have ever experienced, and truly reiterated that paediatric OT is what I want to do. So all credit goes to you for inspiring us all to do our best and create such an amazing event. *Mariam, camp carer*



Scott flew across the sand!



Patrick and Scott became great mates



What a day!



Patrick prepares to lift off

