

BOCCIA ACROSS NSW PARALYMPIC SPORT FOR CP ATHLETES

NEWSLETTER

October 2014

Juniors impress at Recent Titles

Aaryan Shah (Northern Beaches Waves), Siobhan Daley (Hunter) and Mecenzi Howard (Illawarra) dominated the NSW Junior Titles held last weekend at the Sydney Academy of Sport. It is the 3rd consecutive year that Mecenzi has won the Junior crown in the BC1 Classification. Mecenzi edged out Joanne Vaz (South West) and Mathew Osborne (South West) who claimed Silver and Bronze medals. Siobhan Daley beat Spencer Cotie (Northern Beaches Waves) in a very tight match to claim the BC3 crown, whilst Tom Brewer (Central Coast) picked up Bronze. Aaryan Shah defeated Hayden Goodwin (Penrith) in a close final whilst Dominic Collis (Tamworth) claimed the bronze medal. This competition provided each athlete with a chance to obtain valuable ranking points under the new National Ranking System.



Pictured Above: Medal winners with Paralympic Cyclist - Jayme Richardson

2014 School Knockout Champions – Killarney Heights HS

It was fantastic to see the top 16 schools across NSW compete for top honours at Sydney Olympic Park recently. Captain Spencer Cotie inspired Killarney Heights High School to claim the 2014 Knockout crown. Killarney defeated defending champions Cranebrook in a close final, which was decided in the last end. Figtree High School led by talented athlete Mecenzi Howard won bronze against newcomers Dubbo High School in a very tight match. Australian representative Dan Michel, formerly of Heathcote HS, was on hand to present the medals to the winners.



2014 Champions – Killarney Heights HS, led by Spencer Cotie

**Boccia NSW Update
Mentoring Program**

BNSW has been looking at ways to assist our regional clubs and have been considering their requests for coaching. Unfortunately there are not many coaches available and so we have had to find another way to provide support & development. The solution we are trialling at the moment is mentoring by outside experienced and established players

The 2 mentors are Dean Nottle and Phil Bates, both long term boccia athletes with an impressive record of achievement behind them as well as good communication skills. Three regional clubs, Berkley Vale, Orange and Tamworth all agreed to be part of a mentoring program.

The mentor's role is one of providing support and encouragement to the athletes. They may provide some ideas on coaching, strategy and game development however their role is that of an athlete providing guidance to another athlete or their support worker. Phil and I travelled to Tamworth and Orange recently & spent time with their boccia clubs as part of the mentoring program. Two very different clubs, but both enjoying boccia and both very welcoming. At both clubs the emphasis was on game skills and having fun. I was able to discuss refereeing and club organisation with the club managers while Phil discussed a range of topics with them, ranging from coaching tips and strategies to ball skills. We left both clubs feeling that it had been a worthwhile (& very enjoyable) experience for us and have received positive feedback from both clubs. I am sure Dean's experience at Berkley Vale will be just as positive and the club managers will feel they have benefited from his skills & knowledge in boccia.

Written By: Lucy Bates

2014 Boccia Bash Champs – Muscular Dystrophy NSW

MD NSW defeated Team CP last weekend at the Sydney Academy of Sport to be crowned Boccia Bash the 2014 champions. MD NSW dominated on the score board to record an emphatic victory. (79 – 41). The team from CP will be focused on rectifying the result in 2015.



Phil Bates (MD) receiving the 2014 cup from Scott Elsworth

Junior Titles Memories

Above: Max Macourt (QLD), Joanne Vaz (SW), Sarah Robertson (Central Coast) and Patrick Nolan (Northern Beaches) win the team's event



Above: Mecenzi Howard (Illawarra), Matt Van Hoek (SW) and Lochlan Thomas (QLD) in action



Matt Osborne (SW) Julian Vaz (SW) battle it out in the teams event

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New National Ranking System

Boccia Australia in association with the Australian Paralympic Committee has developed a New Ranking System. For an athlete to be eligible for the new national ranking system they must be an individual member of BA.

An athlete's individual ranking will be made up of their top 5 performances at different NRS sanctioned events. Local, State and National NRS events will have a co efficiency weighting. There will be variety NRS events throughout the 2014 -15 season. Please view – www.boccia.com.au for more details.

NSW National Selection Trials

If you would like to be considered for the 2014 NSW Nationals squad you *must attend* the following trial dates. Juniors need not attend unless they wish to play in the senior's competition. Please note the following dates:

BC3: Saturday 1st November

BC1, BC2, BC4 and EMU: Sunday 9th November.

Selection trials will be held at Allambie CPA Campus

Please note to register, email Ash

McClure: ashlee_mccclure@hotmail.com.

Timings: TBA

Upcoming Events

November:

1st : NSW BC3 Trials – CPA Allambie Campus
8TH: BDL Round 5 – CPA Allambie Campus
9th: NSW Trials BC1, BC2, BC4 and EMU – CPA Allambie Campus
15th – 16th: Canberra Cup – Tuggnerong, ACT
29th: JBL Round 5 – CPA Allambie Campus

Newcastle Boccia Training

Monthly on Wednesdays - Time: 12.15pm – 3pm,
Dates: 5/11, 10/12
Venue: Charlestown Community Centre
Charlestown Square.

Northern Beaches Waves Training

Monthly on Thursdays: Time: 4:30pm – 6pm
Dates: 13/11, 11/12
Venue: CPA - Allambie Campus

*Athletes must arrange their own sports assistant and transport.

Woy Woy Training

Thursdays: Time: 10:30am – 1:30pm
Venue: Peninsula Community Centre
93 McMasters Rd – Woy Woy

Berkeley Vale Training

Venue: The Berkeley Centre, Heather Avenue (off Berkeley Rd), Glenning Valley. Time: 5:00pm – 7:30pm
Fridays (fortnightly). Next dates: 31/10, 14/11, 28/11

Riverwood Training

Every Tuesday – (during term) Time: 10am – 12pm
Venue: Morris Iemma Indoor Sports Centre, 150 Belmore Rd, Riverwood.

Penrith (every Thursday)

PCYC – 100 Station Street, Penrith
10am – 12pm: Fun Boccia
12pm – 2pm: Boccia coaching session

Find us on Facebook www.facebook.com/nswboccia
For more info see the BNSW website:
www.bocciansw.org.au