

Join us for a  
unique adventure  
of a lifetime!

**MUSCULAR  
DYSTROPHY  
NSW** BUILDING STRENGTH  
REACHING POTENTIAL

# Adventure Camp 2017

One Mile Beach  
Holiday Park  
Port Stephens

Sun 9 - Thu 13 April, 2017

A registration payment of \$120 is required to assist in the cost of food, accommodation, activities and carers for you at camp. When the NDIS rolls out in your area, you will need to have funding for this camp approved in your plan.

Mini vans will be provided to transport those from the Sydney Metro region if required.



Boomnetting  
Sandboarding

Go-Karting  
Dolphin Cruise  
Shark and Ray Centre

Quadbiking  
Fauna Park  
Surfing  
Laser Tag

## WHO CAN COME?

Our Adventure Camp caters for those with a neuromuscular condition who would benefit from trying new things and meeting new people. It is open to young people who have some level of independent mobility. Staying in modern and private cabins right on the beach, campers will be grouped according to their age and gender and will be looked after by experienced carers who have attended our camps before. There are a variety of activities to choose from that suit all ages, personalities and abilities.

[mdnsw.org.au](http://mdnsw.org.au)

**WANT TO REGISTER FOR  
CAMP OR FIND OUT  
MORE INFORMATION?**

Contact Jenny at  
Muscular Dystrophy NSW on  
9888 5711 (option 3) or  
[jenny.smith@mdnsw.org.au](mailto:jenny.smith@mdnsw.org.au)

*The camp is very popular and  
places are strictly limited, so  
RSVP early to better your  
chances of going!*