## Peer Connect 2023



# Peer Connect Retreat @ Parramatta

For adults with a neuromuscular condition

## Friday 26 - Sunday 28 May 2023



#### WHAT'S INCLUDED?

Your 2 nights' accommodation, dinner on Friday night and breakfast on Saturday and Sunday are included.

*If you require a carer, you will need to make your own arrangements.* 

#### FUNDING

The retreat is funded by MDNSW Peer Connect Program.

#### PARTICIPANT CONTRIBUTION

**\$100** per person | **\$150** per couple **\$30** per person for Friday dinner only This retreat is your chance to get away and connect with other adults with neuromuscular conditions. Partners are also welcome.

Parramatta Parkroyal is conveniently located in the heart of Parramatta. Not far from the Eat Street, Westfield shopping centre and the Parramatta River. Historic Parramatta Park is a lovely place to explore, full of history and natural beauty.

On Saturday night you can choose to travel by Rivercat to the city with a small group to check out the VIVID festival, or spend the evening with others dining locally in Parramatta. It is promising to be a weekend not to be missed!

#### Peer Connect Dinner

We will be hosting a Peer Connect Dinner on the Friday night, so if you are not able to stay the entire weekend this is a great opportunity to connect with others over a lovely 3 course meal!



PLACES ARE STRICTLY LIMITED!

To register please contact Carolyn at carolyn.cm@mdnsw.org.au or on 0408 472 510 by Monday 3 April

### mdnsw.org.au