

Peer Connect Retreat Newcastle

For adults with a neuromuscular condition

Friday 20 - Sunday 22 May 2022



WHAT'S INCLUDED?

Your 2 nights' accommodation, dinner on Friday night and breakfast on Saturday and Sunday are included.

If you require a carer, you will need to make your own arrangements.

FUNDING

The retreat is funded by MDNSW Peer Connect Program and NDIS Core funding.

We will work with you to prepare a quote if you have NDIS Core funding.

*This is a **COVID safe** event so up-to-date vaccination status, social distancing, and check-in is required. RAT testing prior to arrival and masking while not eating & drinking is encouraged.*

This retreat is your chance to get away and connect with other adults with neuromuscular conditions. Partners are also welcome.

Rydges Newcastle is conveniently located in the heart of Newcastle's Honeysuckle waterfront precinct. Not far from the accessible light rail, you can venture to Newcastle Beach or trendy Newcastle West. There are many cafes, restaurants, boutiques, museums and galleries nearby.

If you're feeling adventurous you can follow the wheelchair accessible Bathers Way Coastal Walk up to Fort Scratchley and the ANZAC Memorial walkway with its scenic cliff-top views.

Have dinner on Saturday night with others in the group, catch a movie or see a band - it is promising to be a weekend not to be missed!

RSVP

*PLACES ARE
STRICTLY LIMITED!*

To register please contact Carolyn at carolyn.cm@mdnsw.org.au or on 02 8986 9006 by Monday 11 April