

OCTOBER - DECEMBER 2023

Peer Connect Calendar

OCT



Power Hour
@ Online **Tues 3 + 17 Oct | 5-6pm**



Myotonic Meetup
@ Online **Tues 10 Oct | 11am-12.30pm**



Mums' Wine & Chat
@ Online **Thur 12 Oct | 7.30-9pm**



Info Share Online
Keeping Our Minds Healthy
Wed 25 Oct | 7.30-9pm



Halloween Party
@ Online **Tues 31 Oct | 7.30-9.30pm**

NOV



LGMD Connect
@ Online **Tues 7 Nov | 7.30-9pm**



Women's Retreat
@ Bowral **Fri 10 - Sun 12 Nov**



Power Hour
@ Online **Tues 14 + 28 Nov | 5-6pm**



Mums' Wine & Chat
@ Online **Thur 9 Nov | 7.30-9pm**



Info Share Online
Getting the Best from Your Support Workers
Wed 22 Nov | 7.30-9pm

DEC



Community Day
Adults, Kids + Families
@ Granville **Sat 2 Dec | 11am-3pm**



Power Hour
@ Online **Tues 12 Dec | 5-6pm**



Info Share Online
Xmas Party + Planning for PC24!
Free Lunch Voucher **Wed 13 Dec | 12-1.30pm**



Summer Camp
@ Narrabeen **Sat 16 - Wed 20 Dec**



Mums' Wine & Chat
@ Online **Thur 14 Dec | 7.30-9pm**

For more info or to register contact:

- Jenny on 0431 690 629 or jenny.smith@mdnsw.org.au for Mums' Wine & Chat
- Laura on 8985 9857 or laura.howard@mdnsw.org.au for Power Hour, Summer Camp & Community Day
- Carolyn on 0408 472 510 or carolyn.cm@mdnsw.org.au for Women's Retreat & all other events