



**MUSCULAR
DYSTROPHY**
NSW YOUR NEUROMUSCULAR
SUPPORT COMMUNITY

IMPACT REPORT 2022-2023

Our vision is for
every person with
a neuromuscular
condition to be able to
live a life they choose.



*Client John at Adventure
Camp in Stanwell Tops.*

CONTENTS

3 Message from our President & CEO

5 Message from our Patron

7 Our Impact

8 NSW Disability Advocacy Futures Program

9 Golden Eagle Charity Race

10 Sugar Free September

12 Big Red Roll & Stroll

14 Summer Camp

16 Adventure Camp

19 Lads by the Lake

20 Peer Connect

30 Celebrating our Team

34 Thank You

MESSAGE FROM OUR PRESIDENT & CEO



Robert Fraser
President



Charlotte Sangster
CEO

What an extraordinary year of achievement and growth for Muscular Dystrophy NSW. In the last financial year, our team has committed to advancing our strategic goals and continuing our unwavering commitment to deliver high-quality care and service to our neuromuscular community.

In alignment with our values; empowerment, responsiveness, integrity, respect and collaboration, our number one priority at MDNSW is to ensure that our team empower, connect, support and advocate for people living with a neuromuscular condition.

A focus on organisational sustainability and operational excellence

After a challenging year due to the pandemic, the 2022-2023 financial year has been a welcome and much needed change of pace for our organisation, allowing us to resume service delivery in full and focus on long-term sustainability. Our on-going commitment to organisational growth and development aims to maximise efficiencies in the delivery of our mission. We recently welcomed Jess Henry as General Manager to the MDNSW team, to help drive operational excellence across all business functions. We also refreshed roles to better reflect skillset, knowledge, and interests.

We continue to promote a culture of continuous improvement with a client-first mentality, with the recent execution of our Client Family & Friends survey (that received such positive results!) as well as conducting regular reviews of our offerings.

Facilitating connection

We continued to promote and facilitate connections for our community, with each other, to their own communities and to information, services and supports of their choosing. We resumed both our Summer Camp, albeit cut short due to COVID-19, as well as our Adventure Camp, both welcomed by kids and parents alike, after a series of unfortunate cancellations in 2021-2022. Our popular Peer Connect program continued to operate successfully, with a boost in engagement seen across both Sydney Metro and regional NSW in our online events. Excitingly, we were able to safely return to face-to-face events, catering to members with a broad range of interests and across every life stage, including Maker's Day, Lads by the Lake, our Peer Connect Retreat and our first ever Women's Retreat. We are also facilitating engagement with members across NSW through online communications which include our monthly Talking Point newsletter and our regular updates on our social media channels and website, so that our community can access the latest in disability sector news and research updates and celebrate the achievements of our community.

Promoting capacity and independence within our community

It is important to us that our community is at the forefront of everything we do. We proudly promote capacity, independence, collaboration and leadership within our own community. As part of our Peer Connect Program's "Info Share" sessions, participants use their lived experience to discuss relevant topics with each other to support one another. We also regularly invite members to participate in relevant panels including the Neuromuscular Information and Research Day (NIRD) Lived Experience panel, or the Women in Our Community panel at our International Women's Day High Tea. Nothing brings us more joy than seeing our community thrive in pursuing their interests.

Fundraising

We are so proud to have executed two successful fundraising campaigns that have each generated substantial contributions that are vital to the way in which we deliver our services. Sugar Free September had a staggering 560 active fundraisers with over \$206,000 raised, an incredible feat. Excitingly, after a long three years, we were finally able to safely hold the annual Big Red Roll and Stroll as a face-to-face event. With immense pride in the teams, volunteers and the participants who joined in, we were able to raise over \$75,000 for our community.

Investing in our team

The delivery of our services would not be possible without our incredible team who go above and beyond every day to support and advocate for our community. As we seek ways to invest in updated training platforms, we have introduced a range of training programs to promote professional development and encourage on-going learning.

We would like to acknowledge and honour the late Richard Arnheim, our Treasurer for his contributions to MDNSW. We thank him for his significant contributions and extend our thoughts with his family.

Whilst we bid farewell to retiring Board Directors; Zannie Abbott and Laura Sheridan Mouton, we also welcomed our new president, Robert Fraser to the Board. We look forward to receiving Robert's guidance, leadership and understanding his wealth of knowledge. To our outgoing directors, we thank you for your guidance and support.

A special thank you

A special thank you must go to our patron, Her Excellency the Honourable Margaret Beazley AC KC, Governor of New South Wales for her unwavering support. We also wish to thank our valued partners and donors whose significant contributions have allowed us to continue our work. We also wish to commemorate the late Richard Arnheim for his significant contribution to MDNSW and thank his family for their support. Finally, we would like to express our sincere gratitude to all our staff and volunteers for their commitment to our services and thank you to you, our valued community for entrusting us to support and advocate for you.

Looking forward, we will continue to invest in the transformational development of our organisation and seek new ways to provide our neuromuscular community with the right supports.

We hope you enjoy reading our Impact Report for 2022-2023 and seeing the impact of your contribution.

MESSAGE FROM OUR PATRON

As Patron of Muscular Dystrophy NSW, I am delighted to contribute this message for the 2022-2023 Impact Report. From my first virtual participation in a Mother's Peer Support Group in the pandemic lockdown days of 2020, through to the exuberant gathering for Big Red Roll & Stroll earlier this year, it has been a privilege to see MDNSW in action; empowering, connecting and supporting people with neuromuscular conditions, and effectively advocating for the neuromuscular community.

The twelve months covered in this report have been an exciting time for MDNSW. Along with the resumption of services, a major transformational program has begun with investment in systems and staff to build capacity and certainty for the future. I commend these efforts which respect MDNSW's more than 65-years of longevity and tradition, while enabling it to effectively support more people into the future.

There have been many highlights this year which demonstrate the range of activities and opportunities offered by MDNSW.

A High-Tea at Bicentennial Park was held to celebrate International Women's Day, with over 30-women coming together wearing the colour purple symbolising resilience and strength of women across the neuromuscular community. Then there was this year's Adventure Camp held at Stanwell Tops for children aged 6-18, providing a wonderful 5-day experience filled with learning opportunities, fun and friendship, and targeted activities, all designed to build confidence and a sense of achievement.

Peer Connect programs resumed throughout the year with enthusiasm in uptake, particularly across the in-person sessions after a period of uncertainty, helping to ensure that people know they do not face challenges alone.

The first ever 'Women's Retreat' exclusively for women living with a neuromuscular condition was held in Bowral - a unique weekend that offered life-changing experiences

for the women who participated. Elegantly dressing for a three-course dinner was quite the occasion, with the panoramic view of Mt Gibraltar as a backdrop. This was an opportunity for participants to come together to share their lives and experiences in a positive, nurturing environment.

And then, on a beautiful blue-sky day in March the Big Red Roll and Stroll Community Event returned after a 3-year absence. Raising significant funds, participants challenged themselves to walk, run, roll or stroll the 3km length circuit of Parramatta Park and enjoyed activities at the Event Village and a barbeque lunch provided by Winston Hills Lions Club. I was delighted to be a part of this event, so beautifully delivered, by the organisers.

I am grateful to all MDNSW staff, volunteers and family members who contributed to make each of these events so successful. I also thank those who have contributed to fundraising efforts throughout the year and the generous donors who provide multi-year funding to help MDNSW community members 'live a life of their choosing.'

To all in the MDNSW community, congratulations on your wonderful efforts and achievements this year. I wish you a safe and enjoyable holiday season.



**Her Excellency the Honourable
Margaret Beazley AC KC**
Governor of New South Wales



Our mission is to **empower**,
connect and **support** people
with neuromuscular conditions,
and be an effective **advocate** for
the neuromuscular community.

*Carers Revathy and Juliet
assisting our Summer
Campers George and John
launch bottle rockets.*

OUR IMPACT



Over

\$564,000

received in donations



\$87,000

received in non-government grants



\$87,000

received in bequests



\$206,000

raised from Sugar Free September

\$75,000

raised from Big Red Roll & Stroll



2180

community members



4600

social media followers



80

people received NDIS
support coordination



81

camp & retreat participants



182

Peer Connect participants



526

Peer Connect attendances



60%

of our members have engaged
with MDNSW for over 7 years.



90%

of our community rated our service quality
as "very good" or "good".



95%

of our community would recommend
MDNSW to other people living with
neuromuscular conditions.



NSW DISABILITY ADVOCACY FUTURES PROGRAM (DAFP)

MDNSW is undergoing a significant transformation program where technology is playing a key part. Thanks to a successful grant from the Disability Advocacy Futures Program (DAFP), we will shortly proceed with a significant upgrade and improvement to our operations and information systems. This NSW Government initiative will help MDNSW increase its capacity to deliver services and enhance connectivity across the neuromuscular community.

Upgrading our systems will help improve the accuracy, efficiency and delivery of our programs, ensuring a more informed, personalised experience for our clients. Our improved client management system once fully installed, will make service delivery more tailored and effective, helping MDNSW build stronger networks across the disability advocacy landscape.

In building stronger partnerships and learning opportunities, MDNSW will facilitate community consultation to develop advocacy pathways, sharing insights, to foster innovation within the sector. Advocacy professionals will connect, exchange, inform and learn from one another. Utilising technology as a data and advocacy journey hub, MDNSW will strengthen its networks, promote the exchange knowledge and enhance collaborative solutions.

This funding support will raise the technological capability of our organisation, helping us to better empower, connect and support our community.

GOLDEN EAGLE CHARITY RACE

In January 2023, MDNSW was the beneficiary of a \$525,000 charitable donation from Racing NSW. The 'Golden Eagle' charity race held each spring at Rosehill Gardens, is an initiative established in 2018 that encapsulates the industry's desire give back the community.

The annual Golden Eagle race comes with the chance of supporting charity with 10% of the prize money. Jockeys, trainers, racehorse owners, auctioneers, and horse breeders alike have all embraced the ethos behind this program. Last year MDNSW, was the designated charity for New Zealand born thoroughbred 'I Wish I Win' that won the Golden Eagle race, an achievement of jockey Luke Nolen, and trainer Peter Moody who is also part-owner.

This was witnessed by MDNSW Directors Nathan Teong and Tait Jenkins who were escorted to the Winners Room after the race for a photo opportunity with the trophy.

The selection of a charity is personal for many racehorse owners (and jockeys) many of whom have a direct and long association with supporting community programs.

We would like to thank veteran jockey, Adrian Layt for his introduction to Rosehill Gardens and the opportunity to participate in this extraordinary charity program. Adrian's son Liam was diagnosed with Duchenne Muscular Dystrophy at the age of four and uses a wheelchair for mobility.

We thank the organisers of this event for their generosity and support for our work.



Board Directors Tait Jenkins
and Nathan Teong at the
Golden Eagle Charity Race.

SUGAR FREE SEPTEMBER



Over \$206,000
raised



560 fundraisers



215 teams

SUGAR FREE SEPTEMBER



In a year where Australians have been affected by the rising costs of living, MDNSW are extremely proud and grateful for everyone who supported Sugar Free September.



Sugar Free September asks participants to go sugar free for the month of September to raise donations for vital services and programs for kids, adults and families living with neuromuscular conditions, including access to better treatment options, educational resources and support coordination, camps and retreats and more.



With over 560 enthusiastic fundraisers, who on average raised over \$308 each, the sense of community and shared purpose was evident across all our participants. We are truly thankful for our community for supporting Sugar Free September in 2022.



Sugar Free September reflects the strong community MDNSW have the privilege of working with. Farah Toulia who is a valued member of our community was the program's highest fundraiser by raising a total of \$8352. At MDNSW, we are extremely proud of our dedicated supporters who believe in our mission and purpose as an organisation, and continue to offer us their support.



Our Community Ambassadors for Sugar Free September 2022. From top to bottom: Jodie, Fletcher and Michelle, Farah, Shannan, Ali and Tatiana.

This year, we were excited to welcome to the team ambassador, nutritionist and nurse, Amanda Lane. Amanda did an incredible job to support our fundraisers with their challenge, by creating a meal planner for all participants, and sharing weekly strategies and tips to improve their nutrition. This was a welcomed and valuable support to our participants as they faced the month long challenge.

The generosity of our Sugar Free September donors and participants, will not only allow MDNSW to empower and connect people living with neuromuscular conditions, but also fund support and care for these families. In December, we had our annual Summer Camp for kids which was a great success and an incredible example of how MDNSW use donations to continue to give the neuromuscular community the opportunity to be heard, empowered, and supported. We are incredibly thankful to all of our community for another successful Sugar Free September.

BIG RED ROLL & STROLL



Over \$75,000 raised



67 participants and 13 teams



Dollar match donation of \$30,000



Our Peer Connect
Coordinator Carolyn with
members participating in
the Big Red Roll & Stroll.

BIG RED ROLL & STROLL



At last! After 3 years, MDNSW were finally able to hold the Big Red Roll and Stroll as a face-to-face event at Parramatta Park. Participants could challenge themselves to walk, run, roll or stroll the 3km loop at Parramatta Park and enjoy the activities at the event village afterwards. Participants who were unable to attend in person, were able to participate virtually too.

We couldn't have had such a wonderful day without the support of Winston Hills Lions Club who generously hosted a barbeque at the event for all participants to enjoy, and a very special visit from our patron and NSW Governor, her Excellency the Honourable Margaret Beazley AC KC.

We are incredibly proud and grateful for all of the amazing support from our ambassadors and partners who made the event successful; Tait Jenkins, Margaret Dalrymple, Scott Green, Carolyn Campbell-Mclean, Roisin O'Hagan and Patrick Nolan, Ali Cavil, Shanon Ponton, Botille Vette-Welsh, We Flex, Kids Neuroscience Centre, Physical Disability Council of NSW, and Australian Neuromuscular Disease Registry.



Participants celebrating at the Big Red Roll and Stroll.

SUMMER CAMP



Our Summer Camp team of staff and volunteers with a few of our campers.

SUMMER CAMP

In December 2022, we held our Summer Camp in Narrabeen, NSW.

Summer Camp is designed for children aged between 6-18 with a neuromuscular condition and use a power wheelchair for mobility. The camp aims to support kids step outside their comfort zone, experience new things, and connect with like-minded peers.

With a range of activities to choose from to suit all ages, personalities and abilities, campers and their families can ensure a tailored experience with the necessary support and care.

At Summer Camp, we had 25 children who are powerchair users attend from across NSW. This included three brand new campers who joined us for the first time, along with many long-time campers keen to catch up with old friends.

Some of the highlights were swimming, making authentic Turkish Mosaic Lamps, and playing Powerchair soccer.

Unfortunately, our camp was cut short due to health and safety protocols in relation to COVID-19. We appreciated everyone's understanding and we look forward to seeing everyone again at Summer Camp 2023!



From L to R: Riley, Blake and Finn making Turkish mosaic lamps.

"Just wanted to thank you for a great camp. Finn had such a good time and didn't stop talking about it all the way home."

"You all are amazing... It can't be easy setting up something like this. (It) was also much needed respite for Bec and I. We have nothing to worry about when we know the MDNSW team is looking after Finn."

- Ross, Finn's father



From L to R: Alicia and Violet building a kite, Kaylin and George making crafts.



Our Adventure Camp team
of staff and volunteers with
campers.



ADVENTURE CAMP

"I enjoyed chilling out with other great kids who don't care if you have tired muscles or need to use a wheelchair. I really liked making new friends and laughing during the game nights. I like the MD Adventure Camps because I don't have to worry about getting my wheelchair to everything all the time and I can be more independent"

- Alistair

Caption here

#####

ADVENTURE CAMP

In April 2023 during the school holidays, MDNSW held our Adventure Camp for children ages 6-18 living with a neuromuscular condition who are independently mobile.

Adventure Camp is an opportunity for like-minded children to bond with their peers and experience the thrill of adventure over five fun-filled days.

At Adventure Camp, we had a total of sixteen children attend, supported by nineteen volunteers and three MDNSW staff for the five-day camp.

Everyone enjoyed a range of activities including using drifter carts, building bottle rockets and ballistas, creating tie-die and artwork designs, exploring the Symbio Wildlife Park and spending time at the nearby beach.

Some of the highlights include having three campers join us for the first time, meeting new friends and challenging themselves, with one camper especially noting that he liked the tie-dye activity because he could do it without help. It was also heart-warming to see all the campers participate in the drifter go-cart riding and see some of the biggest smiles on their faces.

After the five days it was time to head home. For some campers this was terrible news – why can't camp last forever! They were sad to say goodbye to their new friends and excited to do it all again next year.

After the campers had returned home to their families, some of the parents noticed positive changes. For example, our youngest camper is now choosing his own clothes in the morning at home. One of the parents commented that camp made their daughter realise how capable she truly is. Another said that camp gave their son an opportunity to socialise with other children with a similar condition and like-minded understanding.

We are very grateful for our wonderful team of volunteers that supported the kids at camp and look forward to our next Adventure Camp.



Adventure campers from L to R: Ned, Fletcher, Isaac and Cody.

The best part of camp was having fun with friends and all the fun activities. I enjoyed the independence being away from family and making new friends.”

- John



Adventure Campers Alistair and John at the beach.

LADS BY THE LAKE

On the 17th of February 2023, we hosted Lads by the Lake at the Sydney Academy of Sport, Narrabeen.

A group of seven young men got together for a three-night retreat to share good food and good times. Many of the participants of this weekend are part of the regular Peer Connect Power Hour Meetings and have become close mates over the years.

This program is a great opportunity for young adults to take the lead in planning how they'll spend their time and developing their independent living skills, while in the company of peers. From pub dinners and cocktails to bowling and board games, this weekend is a highlight on the calendar for all involved.

"Lads by the Lake is something I look forward to every year. I've met lifelong friends and we have become a close-knit group. I think it's very important for young adults with neuromuscular conditions to have others we can relate to."

- Patrick



Lads by the Lake participants from L to R: Fletcher, Patrick, Kobe, Brandon, Scott and Luke.



PEER CONNECT

From L to R: Scott, Ellie and Andrew with Peer Connect Coordinator Carolyn on their Peers Day Out in Darling Harbour.



74 Peer Connect sessions



182 participants



526 attendances at events



97 individuals living with NMC



85 family members of person living with NMC

PEER CONNECT

Our Peer Connect program is all about ensuring our members are empowered throughout every life stage, through connecting with others with similar lived experience both virtually and in-person. Hearing about other people's journey and their experiences can make people feel like they are not alone. If others have had success, they feel more confident and motivated to try new things. Peer connection is powerful!

Our online Peer Connect program remained a constant source of connection and support for our neuromuscular community. We've seen an enthusiastic uptake of the online peer programs and participants are reporting online groups are a convenient and accessible option for connecting with others and seeking valuable information.

The philosophy of our Info Share program is that the wisdom and information in each session comes directly from the expertise of participants and their extensive knowledge and lived experience of managing life with an NMC. Topics covered throughout the year include Christmas in July, cost of living with disability, transport and travel, getting out on the town, peers day out, taking charge of your NDIS, life after school, and home automation.

We also continued two successful regular online groups Power Hour and Mums Wine & Chat. Power Hour participants shared tasks to research community access activities, accessibility, costs and so on, which all contribute to learning independent living skills. Our Mums' group welcomed a new participant with a family member recently diagnosed with a NMC and the group willingly and sensitively shared their knowledge and provided emotional support to the new group member.

We continued our valuable condition specific groups LGMD Connect, SMARTies, Myotonic Meet Up and FSHD Friends, who meet quarterly online. Participants come from all across NSW and the ACT, making it a convenient way to connect with others who share similar challenges.

While online is an accessible and convenient way of connecting with our community, we also held several events face-to-face which encouraged new friendships and created lasting memories. We held our Peers in Action programs including Maker's Day, International Women's Day High Tea and a few social lunches face-to-face. In every group, we have excitedly welcomed new members to the Peer Connect program.



Women's Retreat participants and carers with Peer Connect Coordinator Carolyn and Client Services Manager Joan.

SURVEY RESULTS

When surveyed, participants in the Peer Connect program told us that they experienced a variety of benefits, including gaining information, learning from experience of peers, sharing ideas and problem solving, feeling connected and less alone, skills building, leadership development and an opportunity to be influential in the community.



90%

of condition-specific and Info Share participants reported they learned new skills or information.

90%

of condition-specific and Info Share participants reported they felt more confident to speak up about matters that are important to them.

100%

attending Info Share helped them to build connections with other people.

100%

reported that the peer session was useful, and they would recommend it to others.

Participants listening to the Women in our Community panel at the International Women's Day High Tea.



PEERS IN ACTION

Maker's Day

On 25th August 2022, 18 participants gathered for MDNSW's first Maker's Day at the Dooleys Silverwater Club. It was really special to listen to each maker's story and learn the what, why and how of their craft.

Andrew is an artist who works with oil on canvas and demonstrated his Ardero mechanical arm which supports him to paint. Daniel is a qualified jeweller, designing bespoke jewellery pieces. Scott set up a market stall selling his scented candles, soaps and handmade cards. Phil came all the way from Newcastle to entertain us with his beautiful acoustic folk music. Finally, our Peer Connect Coordinator Carolyn was MC and shared her passion for papercrafts.

After a delicious catered lunch, the group got hands-on with making mini terrariums and canvas collages! There was a lot of networking and connecting that occurred throughout the day and it was wonderful to see so much talent in one room. A huge thank you to all the creatives who so generously contributed to this event.

Social Lunches

We held 3 social lunches in the 2022 – 2023 year which provided a great opportunity for our community to gather for an informal chat in a relaxed group setting. In 2024 we will be continuing the popular social events quarterly.

Community Day

On Saturday, 26th November, members of our neuromuscular community celebrated the end of the year at the Tennis Centre at Sydney Olympic Park. We all had a fun time catching up with friends, enjoying a delicious lunch and getting involved in many activities including face painting, balloon twisting, boccia and a craft stall! We even had a visit from Santa who gave out presents to all of the kids – you couldn't get the smiles off their faces!

International Women's Day High Tea

On Tuesday, 7th March, 35 women came together in purple to celebrate the strength and resilience of women in our neuromuscular community for International Women's Day. We enjoyed a delicious high tea, trivia games and lots of laughs at Waterview, Bicentennial Park.

We heard from our Women in Our Community Panel, which included a Welcome to Country by Mum's group participant Susan Eggleton, Lisa Brown who lives with LGMD, mum and carer Frances Turner and Dr Michelle Lorentzos, paediatric neurologist at the Children's Hospital Westmead. Carol Nehme, a family member of a person living with MD also spoke about her memoir 'Light at the End of the Tunnel', a moving insight into her journey as a woman with physical disability. What a fabulous way to celebrate International Women's Day!

Neuromuscular Information and Research Day

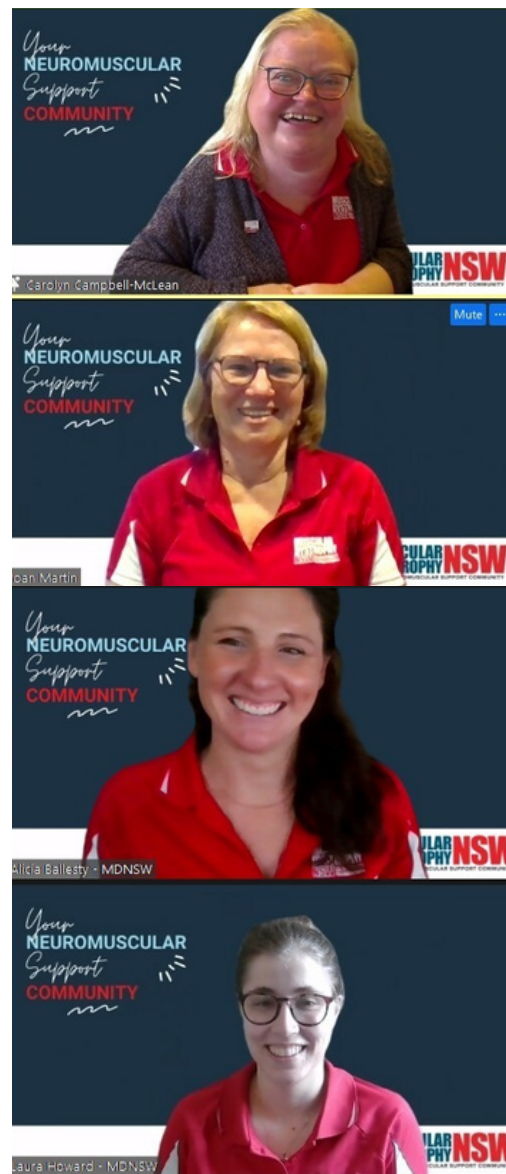
In October 2022, we held the MDNSW annual Neuromuscular Information and Research Day (NIRD), virtually with 70 people attending from all over the country.

The program of speakers was well received covering a variety of useful topics such as respiratory health, falls prevention, bone health, NMC Registry and dealing with changes in your life.

For the first time, we invited a musician with MD who is part of our FSHD Friends group to play his guitar to entertain the audience during the break. The What's New with Myotonic MD? Breakout session allowed people with Myotonic MD and their families to hear specific information about their condition and ask personalised questions to the medical specialist. Participants were also able to meet others with the same disability and then connect further in the upcoming group Myotonic Meet Up.

The Lived Experience Panel was an opportunity for some people in our community to participate in the program, being role models and developing their public speaking skills. We are developing leadership potential in our participants from the Peer Connect program. Four individuals were interviewed as part of the panel, about their lives, challenges, achievements and passions. Topics covered include the experience of applying for and using reasonable adjustments for HSC exams, applying for SDA housing and moving out of home, education and employment, recruiting a team of support workers, sporting achievements, accessible travel and navigating COVID.

Huge thanks to everyone involved in making this event so successful! The recordings from each session have been uploaded to our website as resources for the community.



From top to bottom: staff members Carolyn, Joan, Alicia and Laura participating in the NIRD Day Zoom session.

PEER CONNECT RETREATS



Peer Connect Retreat participants enjoying a meal.

Peer Connect Retreat

Over the weekend of 20-22 May a group of 20 people with NMCs and their partners/carers attended our Peer Connect Retreat. It was a great opportunity for participants who travelled from all over NSW and the ACT, to get away from their usual routines and connect with other adults with neuromuscular conditions.

Participants enjoyed a delicious three-course dinner, long buffet breakfasts, walks along the riverside and a spot of shopping. Everyone said that they loved the chance to make new friends, connect with others who 'get it' and know that everyone in the group were looking out for each other.

Women's Retreat

From 11-13 November 2022 we held our first ever Women's Retreat for women with a neuromuscular condition, at the Gibraltar Hotel in Bowral. What a special time, full of laughs, tears and life-changing experiences for the 14 women who participated.

The retreat began with a three-course dinner with the theme 'Sparkle and Shine'. The group shared buffet breakfasts, visited the local markets, got creative with card making, took a dip in the heated pool, explored lush gardens, and shared their strengths and challenges. Some participants were nervous about navigating rocky roads and unfamiliar areas, but all enjoyed the opportunity to gain more independence and confidence as powerchair users.

The feedback from this event showed the incredible power of peer connection. Participants said they loved not having to plan and knew the retreat would cater to their needs. Some saw it as an opportunity to try out a short stay before planning a bigger trip and others just relished the opportunity to have a break with people who 'just get it'. The women learnt so much from each other, boosted their self esteem and continue to connect regularly online.

"The experience at the retreats is really positive and I always come away from the retreat with a feeling of not being alone with MD and you always make new friends and get some good info from others."

- Peter, Peer Connect Retreat participant



Women's Retreat participants out and about in town.

"I felt so loved, so safe and I had so much fun. First weekend of using my wheelchair full time and I did a 6 km return trip on main roads. I have gained 6 beautiful friends. I will never forget the memories from this weekend. Here is to staying friends and sharing laughs when we are old, wrinkled and grey."

Special thanks to Caz and Joan at MDNSW and also the behind the scenes work by Jenny. This is life changing. Thanks so much for your Peer Connect Program and for letting me tag along even though I am from Canberra."

- Su Mon, Women's Retreat participant

NDIS SUPPORT COORDINATION



“My son Felix (who has Myotonic Dystrophy) and I have had plenty of contact with MDNSW over the last few years. Felix has Ganesh as his Support Co-ordinator.

Ganesh has given us constructive advice and guidance for our Plan Interview; he has put us in touch with the relevant consultants for the necessary reports and given appropriate advice. He has attended our interview with us and taken all possible stress out of these interviews.

When we have needed advice on servicing equipment, Ganesh has helped chivvy slow-moving and reluctant service providers and helped make appointments.

I, Frances, have been more involved with some of the events organized by MDNSW and have made good friends and gained useful insights and moral support on these occasions. Particularly I (and indirectly Felix) have benefited from the face-to-face Luncheons that have been organised and the Information sessions on line by Zoom. Follow-up links and information have been invaluable.

MDNSW provides a wonderful and highly essential service to MD people and their families which no other body can provide.”

- Frances

“The NDIS was a frightening and confusing set of rules when I first began, and it made me very anxious, frustrated and depressed trying to make my way.

My life changed when I contacted MDNSW for support coordination and had Ganesh allocated to me. I vividly remember when Ganesh accompanied myself and my mother to a face-to-face NDIS review. He was so courteous, with such a friendly smile but knew so much about NDIS that all my fears fell away. His referral contacts also changed my life, as he had worked with so many professionals.

This year I moved into SDA, with Ganesh guiding me and helping with every thing I needed. He is extremely professional, very knowledgeable and as I am non verbal and cannot speak for myself, I know I can count on him to help me and be my voice to speak up for me.”

- Susanne



CELEBRATING OUR TEAM



Staff and carers at
Summer Camp



In Loving Memory of the late

Richard Throsby Arnheim

MDNSW Director & Treasurer

On 16 September 2023, MDNSW lost a valued member of our community.

Serving for more than a decade on the MDNSW Board, including in recent years as Treasurer, Rick Arnheim lived with muscular dystrophy throughout his life. Acutely aware of the challenges our community face, he was uniquely placed to advocate for better programs, services, and supports, tailored to every stage of a person's journey diagnosed with a neuromuscular condition.

Rick's generosity was abundant. Not only did he support our organisation financially, he was also a fundraising champion who encouraged others to support us, inspired by his energy and passion for our cause. His presence at many MDNSW events was a source of strength for those facing similar challenges and evidence of the power of connectivity in the face of adversity. His positive influence touched many lives, and his fundraising efforts were considerable and helped our organisation to grow.

Professionally Rick's background in finance and corporate governance helped guide our organisation towards greater standards of efficiency, transparency and accountability, facilitating our ongoing growth and transformation.

As we look to the future, it is a privilege to carry Rick's legacy and confidence forward with us. Committed to growing our programs and making a difference to the lives of those affected by neuromuscular conditions, and their families, his memory remains with us always.

We extend our thoughts to Rick's wife Julie, his children Annabel, Alex and Gus and grandchildren. His strength and spirit encourage us all at MDNSW, in our mission to connect and support our community, to live a life of their choosing.

NSW SURFLIFE SAVING AWARD

In August 2022, MDNSW was honoured to be invited to the Surf Lifesaving Clubs NSW Awards of Excellence at Luna Park.

MDNSW partnered with Coogee Surf Life Saving Club on an innovative new program which gave our members with MD an opportunity to become official volunteer patrolling members (radio operations), and hold a Surf Life Saving Award. The program also involved Disability Awareness Training for the Coogee SLSC staff and volunteers. We were finalists in the Community Lifesaving program category and although not taking the final prize, it was a fun night for lifesavers Scott and Patrick, and Roisin, Joan and Carolyn from the Client Services Team.



Members of the official Coogee Lifesaving Club with MDNSW staff Carolyn and Joan and participants Patrick and Scott.

Huge congratulations and thank you to the Coogee SLSC team for partnering with us to create and implement such a fantastic and beneficial program. We hope to see the project progress further with a new group of participants, expand out to other disability groups, and see many other clubs will take up the program.

We look forward to continuing our partnership so we can train more lifesavers who live with neuromuscular conditions.



From L to R: MDNSW staff members Roisin, Joan, MD member Patrick, MDNSW staff member Carolyn and MD member Scott.

OUR TEAM

AS AT 30 JUNE 2023



Charlotte Sangster
CHIEF EXECUTIVE OFFICER



Jess Henry
GENERAL MANAGER



Angelito Escalada
FINANCE MANAGER



Gracia Selina
FINANCE OFFICER



Alicia Ballesty
COMMUNICATIONS &
ENGAGEMENT MANAGER



Joyce Moretti
COMMUNITY FUNDRAISING
COORDINATOR



Roisin O'Hagan
NDIS SUPPORT COORDINATOR



Joan Martin
CLIENT SERVICES MANAGER



Mitch Taylor
CLIENT PROGRAMS
COORDINATOR



Ganesh Kakani
SENIOR NDIS SUPPORT
COORDINATOR



Laura Howard
CLIENT SERVICES COORDINATOR



Carolyn Campbell-McLean
PEER CONNECT PROGRAM
COORDINATOR



Jenny Smith
CLIENT SERVICES
ADMINISTRATION SUPPORT



Chris Hastas
ADMINISTRATION
ASSISTANT

OUR BOARD AS AT 30 JUNE 2023



Robert Fraser
*PRESIDENT (FEB 23 -
ONGOING)*



Anthony Ball
PRESIDENT (RETIRED FEB 23)



Michelle Ball
VICE-PRESIDENT



Richard Arnheim
TREASURER



Tait Jenkins
DIRECTOR



Prof. Michelle Farrar
DIRECTOR



Mark McCoy
DIRECTOR



Prof. Alistair Corbett
DIRECTOR



Nathan Teong
DIRECTOR



Laura Sheridan - Mouton
DIRECTOR (RETIRED JUNE 23)



Zannie Abbott
DIRECTOR (RETIRED JUNE 23)

OUR VOLUNTEERS

Summer Camp

Alexandra Robertson
Alicia Allan
Alicia Fagan
Alyssa-Maree Agius
Arene Aboultaif
Asta Wong
Blake Greuter
Chloe Jones
Christian Malone
Georgia Macdonald
Isabel Goodwin
Izzi Knight
James Cullen
Jasmine Gallardo-Bron
Jasmine Lindley
Joshua Stregas
Kate Creighton
Kathryn Xerri

Kaylin Alexander
Laila Brecknell
Lauren Sherry
Lisa Bunt
Lisa Tang
Luka Simonetti
Mila Devonshire
Oscar Cavalletto
Rachel Lamden
Rebecca Abraham
Rebecca Khamis
Robbie Cabungcal
Shontelle Way
Tammaya Munnolli
Tayla Campedelli
Tej Kehal
Tyla Petrie

Adventure Camp

Alicia Allan
Angela Short
Asta Wong
Catherine Gionta
Chloe Jones
Isabel Goodwin
Jasmine Gallardo-Bron
Jasmine Lindley
Joshua Dransfield
Juliet Berry
Lauren Sherry
Penelope Wren
Revathy Menon
Shonnie Way
Skye Brownlow
Tayla Campedelli
Tej Kehal
Tyla Petrie
Zoe Maher

Lads by the Lake

Alicia Allan
Ellie Priebsenow
Oscar Cavaletto
Tayla Campedelli
Tej Kehal

Big Red Roll & Stroll

Sophie Aweyeung
Leandro Augusto
Jacqueline de Souza Silva

Donation Boxes

Robert Murray
Scott Green
Bryony Macri
William McLean

Sugar Free September

Edward Phung

OUR LIFE MEMBERS

Prof. Alastair Corbett
Dr. Heather Johnston
Dr. Jacqueline Morgan
Keith Allan
Rhonda Murray
Robert Murray
Carolyn Campbell-McLean
Martin Dalrymple
Ian Williams
Kristi Jones
Peter Debnam
Shannon Finch

Vale Life Members

Prof. Graeme Morgan

THANK YOU

Thank you to our valued partners and funders. Your contribution allows us to continue to serve our neuromuscular community.

CommBank Staff Foundation **Program: Peer Connect**

In 2022, thanks to Sekar Sambandam's nomination, MDNSW was a recipient of the CommBank Staff Foundation Community Grant. This kind donation contributed to the continued development of our Peer Connect program and the activities we offer to adults and children living with a neuromuscular condition. Thanks to the CommBank Staff Foundation, MDNSW ensured that people with neuromuscular conditions are connected to a community of people who 'just get it'.

The Marian & E.H. Flack Trust **Program: Client Advocacy**

The Marian & E.H. Flack Trust continued support has again ensured MDNSW can provide clients access to critical services and the expertise of a qualified social worker and dedicated advocate. This funding has enabled us to address a wide spectrum of challenges, from combating bullying to facilitating specialised healthcare access and providing vital mental health support. Additionally, the trust's contribution has been instrumental in creating inclusive environments, ensuring that our clients have access to information they need. The Marian & E.H. Flack Trust's commitment to MDNSW has not only empowered individuals to lead lives as they choose but has also served as a beacon of hope for a brighter, more inclusive future. We are profoundly grateful for their unwavering support.

Powder Principle

Thank you, Powder Principle, for your continued support of MDNSW Christmas Appeal and the community-led programs we deliver.

Parramatta Leagues Club **Program: Summer Camp Scholarship**

Parramatta Leagues Club generously funded a Summer Camp Scholarship, providing a life-changing opportunity for a child living with a neuromuscular condition (NMC) to participate in our 2022 Summer Camp. The Muscular Dystrophy Summer Camp Scholarship project is an annual endeavour, providing up to 45 children living with MD the chance to participate in this transformative program. This initiative sets a great example of how local organisations can make a profound difference in the lives of individuals and families living with NMCs. Parramatta Leagues Club's contribution ensures that even more children with neuromuscular conditions can believe in their strength and potential. Through the unwavering support of organisations like Parramatta Leagues Club, we continue to build a more inclusive community for all.

James N Kirby Foundation **Program: CARS - Carer's Training/Peer Connect**

Since 2012, James N Kirby Foundation has been a supporter of MDNSW, providing small grants for our Duke of Edinburgh's Award, Working Wheels program and the Young Adults retreat. In 2022, James N Kirby Foundation generously contributed to the trial of a Community and Recreation Service (CARS). CARS was developed and tested in response to the challenges experienced by the MD community upon returning to community activities following COVID-19; and the continued impacts of loss of social connections. We are incredibly grateful to James N Kirby Foundation for funding this grant and providing MDNSW the opportunity to provide a community-led program that supported independence, fostered enriching social relationships and cultivated essential life skills.

The Dick and Pip Smith Foundation

We would like to thank the Dick and Pip Smith Foundation for its extraordinary generosity and support of our organisation spanning decades. To date lifetime giving has supported our Summer and Adventure Camps, participation in the Duke of Edinburgh's Award program, and support coordination. The Foundation's generous 2022 gift has made a tremendous impact across our community, supporting up to 800 end-beneficiaries participating in MDNSW's Peer Connect Program. The program assists participants to live a life they choose, building their capacity to advocate for themselves and increasing their capacity to participate in the community by providing a network of support. We are honoured and extremely grateful to the Dick and Pip Smith Foundation for its commitment to community, service to others, and empowerment through philanthropy.

The Wales Family Foundation

Philanthropists Toni and Gai Wales have supported MDNSW for more than 10-years and the impact of their lifetime giving has been vast. Acknowledging our tailored programs since 1957, that support people living with neuromuscular conditions, the Wales Family Foundation's generous annual donation is directed towards our networking and connectivity services engaging community members living in rural and regional NSW who may feel isolated. It has been shown that social engagement and connecting with others who face similar circumstances and life challenges creates lasting bonds that serve to inform and support, reduce the sense of isolation and anxiety, and help improve mental clarity and emotional well-being. We are very grateful for their loyal support for our important work.

The Father Atanasio Gonelli Charitable Fund Chair, Felice Montrone OAM

We would like to acknowledge and thank the Italian-Australian community for their support of MDNSW. Improving accessibility, inclusion, and opportunities for the wider multicultural community, Sydney and regional NSW forms part of our core mission and we are honoured to be partnering with the Father Atanasio Gonelli Charitable Fund, and business leaders such as Felice Montrone OAM, in this endeavour. We also welcome the introduction to Multicultural NSW, and CEO Joseph La Posta. We look forward to further strengthening this relationship in the future.



**Muscular Dystrophy Association of
New South Wales**

ABN 11 774 587 436

**Financial Report
For the Year Ended 30 June 2023**

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

INDEX

Directors' Report	1-4
Auditor's Independence Declaration	5
Statement of Profit or Loss and Other Comprehensive Income	6
Statement of Financial Position	7
Statement of Changes in Equity	8
Statement of Cash Flows	9
Notes to the Financial Statements	10-27
Declaration by CEO in respect of Fundraising Appeals	28
Directors' Declaration	29
Independent Auditor's Report	30-33

**MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436**

DIRECTORS' REPORT FOR THE YEAR ENDED 30 JUNE 2023

Your directors present their report on the entity for the financial year ended 30 June 2023.

Short-term and Long-term Objectives

The entity's short-term objectives are to:

- attract and retain employees of high calibre, and provide a safe and productive work environment for them
- provide high quality services and programs that its clients value, whether funded through National Disability Insurance Scheme (NDIS) packages or otherwise
- increase the funds raised both to maintain the sustainability of our services and to expand them to meet the needs of a greater proportion of the neuromuscular community

The entity's long-term objectives are to:

- empower, connect and support people living with neuromuscular conditions, their families and carers
- maintain a strong governance and continuous improvement culture
- position it as the leading whole of life provider of choice of specialised services and expert information for people affected by neuromuscular conditions
- fund more research relevant to the needs of the neuromuscular community
- ensure it remains a suitably accredited provider to the NDIS
- facilitate greater national collaboration among other similar State-based neuromuscular community-focused organisations
- continue to develop and deliver relevant and meaningful client services and programs as the needs of the neuromuscular community evolve over time

Strategies for achieving the objectives

To achieve these objectives, the entity is currently focused on the following strategies:

- implementation of a new fundraising strategy, which aims to broaden its donor base
- achieving the anticipated benefits from a recent internal restructure
- on-going engagement with the neuromuscular community to ensure our current and proposed services are adequately and appropriately meeting their existing and emerging needs and priorities

Principal Activities

The principal activities of the entity during the financial year, in implementing its strategies, were the delivery of children's camps, sibling support, peer support programs, retreats, skill development programs, the Duke of Edinburgh Award and representative advocacy. The entity also raises awareness and provides specialised information through its e-news, web presence and by hosting its annual neuromuscular information and research day.

How those activities assist in achieving the objectives

The entity's services are targeted to meet the needs and priorities of the neuromuscular community and continue to be well-supported by it.

How our performance is measured

During the year, the entity continued to engage in its principal activities, the financial results of which are disclosed in the attached financial statements. The profit for the year ended 30 June 2023 amounted to \$289,807 (2022: \$875,277).

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

DIRECTORS' REPORT FOR THE YEAR ENDED 30 JUNE 2023
(continued)

Some services have been able to re-commence following a COVID-related hiatus, e.g., the first children's summer camp since 2019 was held during December 2022.

An NDIS audit of the entity was conducted during the latter months of the financial year and since then, with the entity retaining its accredited provider status.

Preliminary discussions have been held with another State-based neuromuscular-focused organisation about the potential for collaborative provision of some services.

Directors

The names of the directors in office during or since the end of the financial year are:

Ms. Zannie Abbott	Appointed 8th July 2022, resigned 8th June 2023
Mr. Richard Arnheim	Resigned 16th June 2023
Mr. Anthony Ball	Resigned 03 October 2023
Ms. Michelle Ball	
Mr. Harvey Blackney	Appointed 3rd October 2023
Dr. Alastair Corbett	
Dr. Michelle Anne Er	
Mr. Robert Fraser	Appointed 21st December 2022
Mr. Tait Royce Jenkins	
Mr. Mark Leigh McCoy	
Ms. Susanna Montrone	Appointed 3rd October 2023
Ms. Laura Sheridan Mouton	Resigned 9th June 2023
Mr. Nathan Teong	

Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.

Meetings of Directors

During the financial year, 7 meetings of directors were held. Attendances by each director during the financial year were as follows:

	<i>Number eligible to attend</i>	<i>Number attended</i>
Mr. Anthony Ball	7	6
Dr. Alastair Corbett	7	5
Mr. Tait Royce Jenkins	7	7
Mr. Richard Arnheim	7	3
Ms. Michelle Ball	7	6
Mr. Nathan Teong	7	7
Ms. Laura Sheridan Mouton	7	5
Dr. Michelle Anne Er	7	6
Mr. Mark McCoy	7	7
Mr. Robert Fraser	4	4
Ms. Zannie Abbott	7	6

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

DIRECTORS' REPORT FOR THE YEAR ENDED 30 JUNE 2023
(continued)

Information about Directors

<i>Name, qualifications and independence status</i>	<i>Experience, special responsibilities and other directorships</i>
Ms. Zannie Abbott BA Independent	Head of Communications and Content, eBay Australia Co-Founder, ReelStory.co
Mr. Richard Arnheim CFP, FPPA, CA ANZ, BCom <i>Treasurer (to June 2023)</i> Independent	Lived with a neuromuscular condition Member of Institute of Chartered Accountants in Aus & NZ Authorised Representative and Principal of Shadforth Financial Group (until February 2023)
Mr Anthony Ball BEc Grad Cert Pub Aff <i>President (to February 2023)</i> Independent	General Manager, Government and Industry Relations ANZ/APAC, Aristocrat Leisure. Director, Gaming Technologies Association
Ms Michelle Ball BMedSc <i>Vice-President</i> Independent	Regional HR Executive APAC Talent and Learning Bank of America Board member, NSW Power Football Director since December 2018
Mr Harvey Blackney BAppSc (P&O) Independent	Prosthetist Life Member, The Australian Orthotic Prosthetic Association
Dr. Alastair Corbett MBChB, MD, FRACP, FAAN Independent	Neurologist, Consultant Emeritus and Honorary Visiting Medical Officer, RGH Concord Clinical Associate Professor, University of Sydney Director since April 2022
Dr. Michelle Anne Er MBBS FRACP PhD Independent	Associate Professor in Pediatric Neurology, UNSW Specialist Child Neurologist, Sydney Children's Hospital Director since June 2021
Mr. Robert Fraser BEc LLB (Hons) <i>President (since February 2023)</i> Independent	Principal, Taylor Collison Chairman, ARB Corporation Chairman, Magellan Asset Management Director, MFF Capital Investments Director, FFI Holdings
Mr. Tait Royce Jenkins BCom (ProfAccg) Independent	Director, Muscular Dystrophy Foundation Australia Financial Analyst Operations Finance, Commonwealth Bank Lives with a neuromuscular condition Director since June 2021
Mr. Mark McCoy BCom, MBA, FCA, FFin FGIA, FCG, FAICD <i>Treasurer (since June 2023)</i> Independent	Director, Nucleus Software Australia Pty Limited Director since April 2022

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

DIRECTORS' REPORT FOR THE YEAR ENDED 30 JUNE 2023
(continued)

Information about Directors (continued)

<i>Name, qualifications and independence status</i>	<i>Experience, special responsibilities and other directorships</i>
Ms. Susanna Montrone BA (Hons) JD GAICD FGIA Independent	Public policy and advocacy consultant
Ms. Laura Sheridan Mouton BA (Hons) JD GAICD FGIA Independent	Executive General Manager - Legal and Governance Anglican Community Services
Mr. Nathan Teong BCom, GradDipAppFin Independent	Parent of George who lives with a neuromuscular condition. Director since February 2018

Members' Guarantees

The entity is incorporated under the *Corporations Act 2001* and is a company limited by guarantee. If the entity is wound up, its Constitution states that each member is required to contribute a maximum of \$20 towards meeting any outstanding obligations of the company. At 30 June 2023, the total amount the members of the entity are liable to contribute if the entity were wound up is \$2,520 (2022: \$3,360).

Auditor's Independence Declaration

As required under section 307C of the *Corporations Act 2001*, a copy of the auditor's independence declaration for the year ended 30 June 2023 has been received and can be found attached to this report.

Signed in accordance with a resolution of the Board of Directors:

DocuSigned by:

180F34744AD34E9...

Robert Fraser
President 27 October 2023

Dated this day of October 2023



**AUDITOR'S INDEPENDENCE DECLARATION
UNDER S 60-40 OF THE AUSTRALIAN CHARITIES AND NOT-FOR-PROFITS COMMISSION ACT 2012
TO THE DIRECTORS OF
MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES**


In accordance with section 60-40 of the *Australian Charities and Not-for-Profits Commission Act 2012*, we are pleased to provide the following declaration of independence to the directors of Muscular Dystrophy Association of New South Wales.

As the lead audit partner for the audit of the financial report of Muscular Dystrophy Association of New South Wales for the year ended 30 June 2023, I declare that, to the best of my knowledge and belief, there have been no contraventions of:

- (i) the auditor independence requirements of the *Australian Charities and Not-Profits Commission Act 2012* in relation to the audit; and
- (ii) any applicable code of professional conduct in relation to the audit.

Name of Firm: MCCARTHY SALKELD
AUDIT PTY LTD

Name of Partner:


Jane Perry FCA JP

Address: Ground Floor, Suite 3
410 Church Street
North Parramatta NSW 2151

Dated this 30th day of October 2023

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED 30 JUNE 2023

	Notes	2023 \$	2022 \$
REVENUE			
Revenue from fundraising activities	2	1,180,395	1,534,796
Change in fair value – exchange traded funds		29,713	-
Financial and other income	2	886,037	941,022
Total income		2,096,145	2,475,818
EXPENSES			
Fundraising expenses - direct		272,170	225,729
Fundraising expenses- indirect		185,678	136,698
Client service provision expenses		1,059,136	973,656
Change in fair value – exchange traded funds		-	49,111
Administration expenses		272,127	190,629
Depreciation and amortisation expenses	3	17,227	24,718
Total expenses		1,806,338	1,600,541
Profit for the year	16	289,807	875,277
Total comprehensive income for the year		289,807	875,277

The accompanying notes form part of these financial statements

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2023

	Note	2023 \$	2022 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	5	2,459,401	2,362,134
Trade and other receivables	6	49,990	53,536
Financial assets	7	442,539	387,174
Other assets	8	65,889	67,102
TOTAL CURRENT ASSETS		3,017,819	2,869,946
NON-CURRENT ASSETS			
Plant and equipment	9	11,546	13,480
Right of use assets	11	23,644	29,555
Intangible Assets	10	110,850	58,739
TOTAL NON-CURRENT ASSETS		146,040	101,774
TOTAL ASSETS		3,163,859	2,971,720
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	12	129,975	55,766
Provisions for employee entitlements	13	133,302	127,779
Lease liabilities	15	6,558	5,297
Other liabilities	14	80,230	273,562
TOTAL CURRENT LIABILITIES		350,065	462,404
NON-CURRENT LIABILITIES			
Provision for employee entitlements	13	56,772	37,421
Lease liabilities	15	19,579	24,258
TOTAL NON-CURRENT LIABILITIES		76,350	61,679
TOTAL LIABILITIES		426,415	524,083
NET ASSETS		2,737,444	2,447,637
EQUITY			
Retained earnings		2,737,444	2,447,637
TOTAL EQUITY		2,737,444	2,447,637

The accompanying notes form part of these financial statements

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

STATEMENT OF CHANGES IN EQUITY
FOR THE YEAR 30 JUNE 2023

	Business Development Reserve	Retained Earnings	Total
Balance at 30 June 2021	-	1,572,360	1,572,360
Transfers	300,000	(300,000)	-
Profit / (loss) attributable to members of the entity	(67,351)	942,628	875,277
Balance at 30 June 2022	232,649	2,214,988	2,447,637
Transfers	(232,649)	232,649	-
Profit attributable to members of the entity	-	289,807	289,807
Balance at 30 June 2023	-	2,737,444	2,737,444

The accompanying notes form part of these financial statements

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 30 JUNE 2023

	Note	2023 \$	2022 \$
Cash flows from operating activities			
Receipt of grants		496,161	597,567
Receipts from bequests donations and clients		1,543,390	1,851,534
Payments to suppliers and employees		(1,907,197)	(1,543,410)
Interest received		56,898	3,373
Net cash flow from operating activities	16	189,253	909,064
Cash flows from investing activities			
Net purchases of plant and equipment		(6,717)	(14,588)
Purchase of intangibles		(54,775)	(52,500)
Proceeds from sale of plant and equipment		-	11,998
Purchase of financial assets at fair value through profit or loss		(25,651)	(20,996)
Net cash flow from investing activities		(87,144)	(76,086)
Cash flows from financing activities			
(Repayment)/ proceeds of lease liability		(4,842)	4,238
Net cash flow from financing activities		(4,842)	4,238
Net increase in cash and cash equivalents		97,267	837,216
Cash and cash equivalents at the beginning of financial year		2,362,134	1,524,918
Cash and cash equivalents at the end of financial year	5	2,459,401	2,362,134

The accompanying notes form part of these financial statements

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

Note 1: Summary of Significant Accounting Policies

Basis of Preparation

The entity is incorporated under the Corporations Act 2001 as a company limited by guarantee.

The financial statements are general purpose financial statements that have been prepared in accordance with the Australian Accounting Standards – Simplified Disclosures of the Australian Accounting Standards Board (AASB) and the *Australian Charities and Not-for-profits Commission Act (2012)* and its regulations. The entity is a not-for-profit entity for financial reporting purposes under Australian Accounting Standards.

Australian Accounting Standards set out accounting policies that the AASB has concluded would result in financial statements containing relevant and reliable information about transactions, events and conditions. Material accounting policies adopted in the preparation of these financial statements are presented below and have been consistently applied unless stated otherwise.

These financial statements, except for the cash flow information, have been prepared on an accrual basis and are based on historical costs, modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities. The amounts presented in the financial statements have been rounded to the nearest dollar.

The financial statements were authorised for issue on October 2023 by the directors of the entity.

Accounting Policies

a) Income Tax

No provision for income tax has been raised as the entity is exempt from income tax under Division 50-5 of the *Income Tax Assessment Act 1997*.

b) Plant and Equipment

Each class of plant and equipment is carried at cost as indicated, less where applicable, any accumulated depreciation and impairment losses.

Plant and equipment are measured on the cost basis and are therefore carried at cost less accumulated depreciation and any accumulated impairment losses. In the event the carrying amount of plant and equipment is greater than the estimated recoverable amount, the carrying amount is written down immediately to the estimated recoverable amount and impairment losses are recognised either in the profit or loss or as a revaluation decrease if the impairment losses relate to a revalued asset. A formal assessment of recoverable amount is made when impairment indicators are present (refer to Note 1f) for details of impairment).

Depreciation

The depreciable amount of all fixed assets, including plant and equipment, is depreciated on a straight-line basis over the asset's useful life to the entity commencing from the time the asset is held ready for use. Leasehold improvements are depreciated over the shorter of either the unexpired period of lease or the estimated useful lives of the improvements.

The depreciation rates used for each class of depreciable assets are:

Class of fixed Asset	Depreciation Rate
Plant and Equipment	10.0 – 50.0%
Motor Vehicles	8.33 – 12.50%
Right of Use Asset	20.0%

The assets' residual values and useful lives are reviewed and adjusted, if appropriate, at the end of each reporting period.

**MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023**

Note 1: Statement of Significant Accounting Policies (continued)

b) Property, Plant and Equipment (continued)

Gains and losses on disposals are determined by comparing proceeds with the carrying amount. These gains or losses are included in the statement of profit and loss and other comprehensive income. When revalued assets are sold, amounts included in the revaluation surplus relating to that asset are transferred to retained earnings.

c) Intangible Assets

Software

The organisation has developed two online portals to facilitate donations and utilises other software. The portals and other software are initially recognised at cost. These assets will be amortised for five years and are carried at cost less any accumulated amortisation and impairment losses.

The directors will assess impairment for software on annual basis and make the required adjustments based on reliable evidence. Where software is acquired at no cost, or for a nominal cost, the cost is its fair value, as at the date of acquisition.

d) Leases

The Entity as lessee

At inception of a contract, the entity assesses if the contract contains or is a lease. If there is a lease present, a right-of-use asset and a corresponding lease liability is recognised by the entity where the entity is a lessee. However, all contracts that are classified as short-term leases (lease with remaining lease term of 12 months or less) and leases of low value assets are recognised as an operating expense on a straight-line basis over the term of the lease.

Initially the lease liability is measured at the present value of the lease payments still to be paid at commencement date. The lease payments are discounted at the interest rate implicit in the lease. If this rate cannot be readily determined, the entity uses the incremental borrowing rate.

Lease payments included in the measurement of the lease liability are as follows:

- fixed lease payments less any lease incentives;
- variable lease payments that depend on an index or rate, initially measured using the index or rate at the commencement date;
- the amount expected to be payable by the lessee under residual value guarantees;
- the exercise price of purchase options, if the lessee is reasonably certain to exercise the options;
- lease payments under extension options if lessee is reasonably certain to exercise the options; and
- payments of penalties for terminating the lease, if the lease term reflects the exercise of an option to terminate the lease.

The right-of-use assets comprise the initial measurement of the corresponding lease liability as mentioned above, any lease payments made at or before the commencement date as well as any initial direct costs. The subsequent measurement of the right-of-use assets is at cost less accumulated depreciation and impairment losses.

Right-of-use assets are depreciated over the lease term or useful life of the underlying asset whichever is the shortest. Where a lease transfers ownership of the underlying asset or the cost of the right-of-use asset reflects that the entity anticipates to exercise a purchase option, the specific asset is depreciated over the useful life of the underlying asset.

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

Note 1: Statement of Significant Accounting Policies (continued)

e) Financial Instruments

Initial recognition and measurement

Financial assets and financial liabilities are recognised when the entity becomes a party to the contractual provisions of the financial instrument. For financial assets, this is equivalent to the date that the entity commits itself to either purchase or sell the asset (i.e. trade date accounting is adopted).

Financial instruments are initially measured at fair value plus transactions costs, except where the instrument is classified 'at fair value through profit or loss', in which case transaction costs are expensed to profit and loss immediately.

Classification and subsequent measurement

Financial instruments are subsequently measured at either fair value, amortised cost using the effective interest rate method or cost. Where available, quoted prices in an active market are used to determine fair value. In other circumstances, valuation techniques are adopted.

Amortised cost is calculated as: (i) the amount at which the financial asset or financial liability is measured at initial recognition; (ii) less principal repayments; (iii) plus or minus the cumulative amortisation of the difference, if any, between the amount initially recognised and the maturity amount calculated using the effective interest rate method; and (iv) less any reduction for impairment.

The effective interest rate method is used to allocate interest income or interest expense over the relevant period and is equivalent to the rate that exactly discounts estimated future cash payments or receipts (including fees, transaction costs and other premiums or discounts) through the expected life (or when this cannot be reliably predicted, the contractual term) of the financial instrument to the net carrying amount of the financial asset or financial liability. Revisions to expected future net cash flows will necessitate an adjustment to the carrying value with a consequential recognition of an income or expense in profit or loss.

(i) Financial assets at fair value through profit and loss

Financial assets are classified at 'fair value through profit or loss' when they are either held for trading for the purpose of short term profit taking, derivatives not held for hedging purposes, or when they are designated as such to avoid an accounting mismatch or enable performance evaluation where a group of financial assets is managed by key management personnel on a fair value basis in accordance with a documented risk management or investment strategy. Such assets are subsequently measured at fair value with changes in carrying value being included in [profit or loss. Not appropriate if held for investment rather than trading]

(ii) Loans and receivables

Loans and receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market and are subsequently measured at amortised cost.

(iii) Financial liabilities

Non derivative financial liabilities (excluding financial guarantees) are subsequently measured at amortised cost.

Fair Value

Fair value is determined based on current bid prices for all quoted investments. Valuation techniques are applied to determine the fair value for all unlisted securities, including recent arm's length transactions, reference to similar instruments and option pricing models.

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

Note 1: Statement of Significant Accounting Policies (continued)

e) Financial Instruments (continued)

Impairment

At the end of each reporting period, the entity assesses whether there is objective evidence that a financial instrument has been impaired. Impairment losses are recognised in the profit and loss.

Derecognition

Financial assets are derecognised where the contractual rights to receipt of cash flows expire or the asset is transferred to another party whereby the entity no longer has any significant continuing involvement in the risks and benefits associated with the asset. Financial liabilities are derecognised where the related obligations are either discharged, cancelled or expire. The difference between the carrying value of the financial liability extinguished or transferred to another party and the fair value of consideration paid, including the transfer of non-cash assets or liabilities assumed, is recognised in profit or loss.

f) Impairment of Assets

At the end of each reporting period, the entity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have been impaired. If such an indication exists, the recoverable amount of the asset, being the higher of the asset's fair value less costs of disposal and value in use, is compared to the asset's carrying amount. Any excess of the asset's carrying amount over its recoverable amount is recognised immediately in profit or loss.

Where the future economic benefits of the asset are not primarily dependent upon the asset's ability to generate net cash inflows and when the entity would, if deprived of the asset, replace its remaining future economic benefits, value in use is determined as the depreciated replacement cost of an asset.

Where it is not possible to estimate the recoverable amount of a class of asset, the entity estimates the recoverable amount of the cash-generating unit to which the asset belongs.

Where an impairment loss on a revalued asset is identified, this is debited against the revaluation surplus in respect of the same class of asset to the extent that the impairment loss does not exceed the amount in the revaluation surplus for that same class of asset.

g) Employee Benefits

Short-term employee benefits

Provision is made for the entity's obligation for short-term employee benefits. Short-term employee benefits are benefits (other than termination benefits) that are expected to be settled wholly within 12 months after the end of the annual reporting period in which the employees render the related service, including wages, salaries, annual leave and sick leave. Short-term employee benefits are measured at the (undiscounted) amounts expected to be paid when the obligation is settled, plus related on-costs.

The entity's obligations for short-term employee benefits such as wages, salaries, time-off-in-lieu and sick leave are recognised as part of short-term provisions in the statement of financial position.

Other long-term employee benefits

The entity classifies employees' long service leave and annual leave entitlements as other long-term employee benefits as they are not expected to be settled wholly within 12 months after the end of the annual reporting period in which the employees render the related service. Provision is made for the entity's obligation for other long-term employee benefits, which are measured at the present value of the expected future payments to be made to employees. Expected future payments incorporate anticipated future wage and salary levels, durations of service and employee departures, and are

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

Note 1: Statement of Significant Accounting Policies (continued)

g) Employee Benefits (continued)

discounted at rates determined by reference to market yields at the end of the reporting period on 10-year Australian government bonds that have maturity dates that approximate the terms of the obligations. Any re-measurements for changes in assumptions of obligations for other long-term employee benefits are recognised in profit or loss in the periods in which the changes occur.

The entity's obligations for long-term employee benefits are presented as non-current liabilities in its statement of financial position, except where the entity does not have an unconditional right to defer settlement for at least 12 months after the end of the reporting period, in which case the obligations are presented as current liabilities.

h) Provisions

Provisions are recognised when the entity has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured. Provisions recognised represent the best estimate of the amounts required to settle the obligation at reporting date.

i) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand and deposits held at-call with banks, other short-term highly liquid investments with original maturities of three months or less, and bank overdrafts.

j) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the statement of financial position.

Cash flows are presented on a gross basis. The GST components of cash flows arising from investing or financing activities, which are recoverable from, or payable to, the ATO are presented as operating cash flows included in receipts from customers or payments to suppliers.

k) Revenue

Revenue recognition

Operating Grants, Donations and Bequests

When the entity earns or receives operating grant funding, donations or bequests, it assesses whether the contract is enforceable and has sufficiently specific performance obligations in accordance with AASB 15 *Revenue from Contracts with Customers*.

When both these conditions are satisfied, the entity:

- identifies each performance obligation relating to the grant
- recognises a contract liability for its obligations under the agreement
- recognises revenue as it satisfies its performance obligations.

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

Note 1: Statement of Significant Accounting Policies (continued)

k) Revenue (continued)

Where the contract is not enforceable or does not have sufficiently specific performance obligations, the entity:

- recognises the asset received in accordance with the recognition requirements of other applicable accounting standards (for example AASB 9, AASB 16, AASB 116 and AASB 138);
- recognises related amounts (being contributions by owners, lease liability, financial instruments, provisions, revenue or contract liability); and
- recognises income immediately in profit or loss as the difference between the initial carrying amount of the asset and the related amount.

If a contract liability is recognised as a related amount above, the entity recognises income in profit or loss when or as it satisfies its obligations under the contract.

Membership subscriptions revenue comprises revenue from membership fees derived and relating to the financial year.

Donations are recognised as revenue when received.

Bequest amounts are recognised as revenue when received, unless there are unsatisfied conditions attaching to the bequest, in which case it is recognised as income as or when the respective condition(s) are satisfied.

Specific or tagged bequests are recognised as income when the appropriate program or research expenses as approved by the board are incurred.

Revenue from fundraising events is recognised in the year in which the event is held.

Interest income is recognised using the effective interest rate method.

Revenue from the rendering of a service is recognised upon the delivery of the service to customers.

Other revenue is recognised when the right to receive the revenue has been established.

All revenue is stated net of the amount of goods and services tax (GST), if any.

l) Prepaid Membership Subscriptions

Membership subscriptions received during the year but relating to the following financial year are included in unearned income.

m) Comparative Figures

When required by Accounting Standards, comparative figures have been adjusted to conform to changes in presentation for the current financial year.

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

Note 1: Statement of Significant Accounting Policies (continued)

n) Critical Accounting Estimates and Judgments

The directors evaluate estimates and judgments incorporated into the financial statements based on historical knowledge and best available current information. Estimates assume a reasonable expectation of future events and are based on current trends and economic data, obtained both externally and within the entity.

Key estimates

- i) Useful lives of plant & equipment*
As indicated in note 1(b), the entity reviews the estimated useful lives of plant and equipment at the end of each annual reporting period.
- ii) Useful lives of intangible assets*
As indicated in note 1(c), the entity reviews the estimated useful lives of intangible assets at the end of each annual reporting period.

Key judgements

- i) Performance obligations under AASB 15*
To identify a performance obligation under AASB 15, the promise must be sufficiently specific to be able to determine when the obligation is satisfied. Management exercises judgement to determine whether the promise is sufficiently specific by taking into account any conditions specified in the arrangement, explicit or implicit, regarding the promised goods or services. In making this assessment, management includes the nature/ type, cost/ value, quantity and the period of transfer related to the goods or services promised.
- ii) Lease term and Option to Extend Under AASB 16*
The lease term is defined as the non-cancellable period of a lease together with both periods covered by an option to extend the lease if the lessee is reasonably certain to exercise that option; and also periods covered by an option to terminate the lease if the lessee is reasonably certain not to exercise that option. The options that are reasonably going to be exercised is a key management judgement that the entity will make. The entity determines the likelihood to exercise the options on a lease-by-lease basis looking at various factors such as which assets are strategic and which are key to future strategy of the entity.
- iii) Provision for employee benefits*
For the purpose of measurement, AASB 119: Employee Benefits defines obligations for short-term employee benefits as obligations expected to be settled wholly before 12 months after the end of the annual reporting period in which the employees render the related service. As the entity expects that most employees will not use all of their annual leave entitlements in the same year in which they are earned or during the 12-month period that follows, the directors believe that obligations for annual leave entitlements satisfy the definition of other long-term employee benefits and, therefore, are required to be measured at the present value.

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

Note 1: Statement of Significant Accounting Policies (continued)

o) Economic Dependence

The entity is dependent on donations, bequests and special events for the majority of its revenue used to operate the business. At the date of this report the Board of Directors has no reason to believe these revenue sources will not continue to support the entity.

p) Fair Value of Assets

The entity measures some of its assets at fair value on either a recurring or non-recurring basis, depending on the requirements of the applicable Accounting Standard.

"Fair value" is the price the entity would receive to sell an asset or would have to pay to transfer a liability in an orderly (i.e. unforced) transaction between independent, knowledgeable and willing market participants at the measurement date.

As fair value is a market-based measure, the closest equivalent observable market pricing information is used to determine fair value. Adjustments to market values may be made having regard to the characteristics of the specific asset. The fair values of assets that are not traded in an active market are determined using one or more valuation techniques. These valuation techniques maximise, to the extent possible, the use of observable market data.

To the extent possible, market information is extracted from the principal market for the asset (ie the market with the greatest volume and level of activity for the asset or liability). In the absence of such a market, market information is extracted from the most advantageous market available to the entity at the end of the reporting period (i.e. the market that maximises the receipts from the sale of the asset or minimises the payments made to transfer the liability, after taking into account transaction costs and transport costs).

For non-financial assets, the fair value measurement also takes into account a market participant's ability to use the asset in its highest and best use or to sell it to another market participant that would use the asset in its highest and best use.

q) New Accounting Standards Adopted by the Entity

AASB 2020-3: Amendments to Australian Accounting Standards – Annual Improvements 2018–2020 and Other Amendments

The Entity adopted AASB 2020-3 which makes some small amendments to a number of standards including the following: AASB 1, AASB 3, AASB 9, AASB 116, AASB 137 and AASB 141.

The adoption of the amendment did not have a material impact on the financial statements.

AASB 2021-7a: Amendments to Australian Accounting Standards – Effective Date of Amendments to AASB 10 and AASB 128 and Editorial Corrections

AASB 2020-7a makes various editorial corrections to a number of standards effective for reporting periods beginning on or after 1 January 2022. The adoption of the amendment did not have a material impact on the financial statements.

AASB 2022-3: Amendments to Australian Accounting Standards – Illustrative Examples for Not-for-Profit Entities accompanying AASB 15

AASB 2022-3 amends the Australian illustrative examples for not-for-profit entities accompanying AASB 15 Revenue from Contracts with Customers to illustrate how AASB 15 applies to the recognition and measurement of upfront fees. The amendments do not change the requirements of AASB 15.

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

	Note	2023 \$	2022 \$
Note 2: Revenue and Other Income			
Revenue from fundraising activities			
Revenue from events		195,107	246,808
Donations (*)		858,161	342,548
Non-government grants		39,236	31,137
Bequests		87,891	914,303
Total revenue		1,180,395	1,534,796
Change in fair value – exchange traded funds		29,713	-
Financial and Other Income			
Financial income	4	81,180	44,594
Membership fees		2,520	3,373
Grants received			
JobSaver and JobKeeper		-	76,972
COVID-19 business support		-	16,109
Other government grants		456,925	473,349
Revenue from providing NDIS-funded services		345,412	295,721
Other Income		-	30,904
Total financial and other income		886,037	941,022
Total income		2,096,145	2,475,818

(*) Donations includes amounts received as cash through collection boxes totalling \$8,580 (2022: \$10,936).

Note 3: Profit for the year

The profit for the year includes the following expenses:

Depreciation and Amortisation

Plant & Equipment	7,844	9,846
Motor Vehicles	808	6,357
Intangibles Amortisation Expense	2,664	2,664
Right of Use Assets	5,911	5,851
	17,227	24,718

Other expenses

Scholarship Grants	3,681	-
	3,681	-

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

	Note	2023 \$	2022 \$
Note 4: Financial Income			
Interest income		56,898	3,373
Distributions – exchange traded funds		17,697	33,321
Imputation credits – exchange traded funds		6,585	7,900
		81,180	44,594
Note 5: Cash and cash equivalents			
Cash at bank		364,690	258,381
Cash on deposit		2,094,711	2,103,753
		2,459,401	2,362,134
Note 6: Trade and other receivables			
Trade receivables		2,112	18,750
Accrued Income		40,324	29,455
Net GST receivable		7,554	5,331
		49,990	53,536
Note 7: Financial assets			
Financial assets at fair value through profit or loss	7(a)	442,539	387,174
		442,539	387,174
(a) Financial assets at fair value through profit or loss			
Held for trading - Australian managed fund units		442,539	387,174
Securities in managed funds are held for trading purposes to generate income through the receipt of distributions and, ultimately, capital gains.			
Note 8: Other Assets			
Franking credits from receipt of dividends		6,585	7,900
Prepayments		57,982	57,358
Other current assets		1,322	1,844
		65,889	67,102

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

	Note	2023 \$	2022 \$
Note 9: Plant and equipment			
Plant and equipment			
At cost		33,949	27,009
Less: Accumulated depreciation		(22,403)	(14,337)
Total plant and equipment		11,546	12,672
Motor vehicles			
At cost		58,180	58,180
Less: Accumulated depreciation		(58,180)	(57,372)
Total motor vehicles		-	808
Total plant and equipment		11,546	13,480

Movements in carrying amounts

Movement in the carrying amounts for each class of property, plant and equipment between the beginning and the end of the current financial year.

	Plant and Equipment \$	Motor Vehicles \$	Equipment Leased \$	Total \$
2023				
Balance at the beginning of the year	12,672	808	29,555	43,035
Additions at cost	6,718	-	-	6,718
Disposals	-	-	-	-
Depreciation expense	(7,844)	(808)	(5,911)	(14,563)
Carrying amount at the end of year	11,546	-	23,644	35,190
2022				
Balance at the beginning of the year	18,425	7,501	24,574	50,500
Additions at cost	4,267	-	29,555	33,822
Disposals	(175)	(336)	(18,723)	(19,234)
Depreciation expense	(9,485)	(6,357)	(5,851)	(22,053)
Carrying amount at the end of year	12,672	808	29,555	43,035

	Note	2023 \$	2022 \$
Note 10: Intangibles			
Software – at cost		120,595	65,820
Accumulated amortisation		(9,745)	(7,081)
Total intangibles		110,850	58,739

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

	Note	2023 \$	2022 \$
Note 10: Intangibles (continued)			
Balance at the beginning of the year		58,739	8,903
Additions		54,755	52,500
Disposals		-	-
Amortisation expense		(2,664)	(2,664)
		110,850	58,739

Note 11: Right of Use Assets

The entity's lease portfolio includes printer equipment. The lease has a lease term of 5 years.

The option to extend or terminate are contained in the equipment lease agreement. These clauses provide the entity opportunities to manage leases in order to align with its strategies. All of the extension or termination options are only exercisable by the entity. The extension options or termination options which were probable to be exercised have been included in the calculation of the Right of use asset.

i) AASB 16 related amounts recognised in the balance sheet

Right of use assets

Leased Equipment	29,555	29,555
Accumulated Depreciation	(5,911)	-
Total Right of use asset	23,644	29,555

Movement in carrying amounts:

Leased equipment:

Opening balance	29,555	24,574
Additions	-	29,555
Lease Termination	-	(24,574)
Depreciation expense	(5,911)	-
Net Carrying Amount	23,644	29,555

ii) AASB 16 related amounts recognised in the statement of profit or loss

Depreciation Charge related to right-of-use assets	5,911	5,851
Interest expense on lease liabilities	1,423	-

iii) Total future lease payments at the end of the reporting period

No later than 1 year	6,720	6,720
Between 1 to 5 years	20,160	26,880
Total future lease payments	26,880	33,600

Note 12: Trade and Other Payables

Trade payables	11,116	9,724
Accrued expenses	92,530	15,113
Credit Cards	1,495	3,894
PAYG Withholding	12,526	22,904
Superannuation contributions liability	3,967	4,131
Other Payables	8,342	-
	129,975	55,766

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

	Note	2023 \$	2022 \$
Note 13: Provisions for employee entitlements			
Current:			
- Annual leave entitlements		102,951	96,838
- Time off in lieu entitlements		13,358	13,932
- Long service leave entitlements		16,992	17,009
Total current provisions for employee entitlements		133,302	127,779
Non-current:			
- Long service leave entitlements		56,772	37,421
Total non-current provision for employee entitlements		56,772	37,421
Analysis of total provisions			
Opening balance at 1 July		165,200	110,303
Additional provisions raised during the year		133,168	143,720
Amounts used during the year		(108,294)	(88,823)
Balance at 30 June		190,074	165,200

Employee Entitlements

Employee entitlements represent amounts accrued for annual leave, time-off in lieu and long service leave.

The current portion for this provision includes the total amount accrued for annual leave entitlements and the amounts accrued for long service leave entitlements that have vested due to employees having completed the required period of service. Based on past experience, the entity does not expect the full amount of annual leave or long service leave balances classified as current liabilities to be settled within the next 12 months. However, these amounts must be classified as current liabilities since the entity does not have an unconditional right to defer the settlement of these amounts in the event employees wish to use their leave entitlement.

The non-current portion for this provision includes the amounts accrued for long service leave entitlements that have not yet vested in relation to those employees who have not yet completed the required period of service but have completed at least five years of service.

Note 14: Other Liabilities

Contract liabilities	37,608	231,939
NEWS funds held in trust	42,623	41,623
	80,230	273,562

Note 15: Lease liabilities

Amounts due within one year	6,558	5,297
Amounts due between one and five years	19,579	24,258
Minimum lease payments	26,136	29,555

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

	Note	2023 \$	2022 \$
Note 15: Lease liabilities (continued)			
The entity entered into a new lease agreement during June 2023 for 3 Fuji Xerox Printers over a period of 60 months. The lease term will expire on 30 June 2027.			
Note 16: Profit and cash flow reconciliation			
Profit for the year		289,807	875,277
Non-cash flows in profit			
Net disposal of plant and equipment		-	(11,998)
Depreciation and amortisation expense		17,227	24,717
Interest paid		1,423	-
Unrealised (gain)/loss from investments		(29,713)	49,111
Changes in assets and liabilities			
(Increase)/decrease in other assets		1,213	(31,897)
(Increase)/decrease in trade and other receivables		3,546	(8,015)
Increase/(decrease) in trade and other payables		74,209	(43,027)
Increase/(decrease) in provisions		24,874	54,896
Increase/(decrease) in other liabilities		(193,333)	-
Net cash flow from operating activities		189,253	909,064

Note 17: Events occurring after balance date

The directors have decided, with effect from 01 July 2023, that the managed fund units (currently shown as 'financial assets through profit or loss') are held for investment purposes rather than trading purposes.

No other matters or circumstances have occurred subsequent to the end of the financial year that have significantly affected, or may significantly affect the operations of the company, the results of those operations or the state of affairs of the company.

Note 18: Key management personnel compensation

Key Management Personnel (KMP) are person(s) having authority and responsibility for planning, directing and controlling the activities of the entity, directly or indirectly.

The entity's KMP comprise its directors (who receive no remuneration) its chief operating officer and chief executive officer. Total remuneration paid to KMP during the year was:

	2023 \$	2022 \$
KMP compensation	264,925	183,777

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

	Note	2023 \$	2022 \$
Note 19: Other related party transactions			
Other related parties include close family members of key management personnel and entities that are controlled or jointly controlled by those key management personnel, individually or collectively with their close family members.			
Two directors made significant personal donations totalling \$57,056 (2022: \$68,000).			
Transactions with related parties are on normal commercial terms and conditions which are no more favourable than those available to other persons.			
Note 20: Financial risk management			
The entity's financial instruments consists mainly of cash and cash equivalents, short-term investments, trade and other receivables, trade and other payables and lease liabilities.			
The carrying amounts for each category of financial instruments, measured in accordance with AASB 9: <i>Financial Instruments</i> as detailed in the accounting policies to these financial statements, are as follows:			
Financial Assets			
Financial assets at fair value through profit or loss:			
Held-for-trading exchange traded fund units	7(a)	442,539	387,174
Financial assets at amortised cost:			
Cash and cash equivalents	5	2,459,401	2,362,134
Trade and other receivables	6	49,990	53,536
		2,951,930	2,802,844
Financial Liabilities			
Financial liabilities at amortised cost:			
Trade and other payables	12	129,975	55,766
Lease liabilities	15	26,136	29,555
		156,111	85,321

Note 21: Fair Value Measurements

The entity measures and recognises the following assets at fair value on a recurring basis after initial recognition:

- financial assets at fair value through profit or loss;

The entity does not subsequently measure any assets at fair value on a non-recurring basis.

Valuation techniques

The entity selects a valuation technique that is appropriate in the circumstances and for which sufficient data is available to measure fair value. The availability of sufficient and relevant data primarily depends on the specific characteristics of the asset being measured. The valuation techniques selected by the entity are consistent with one or more of the following valuation approaches:

- the market approach, which uses prices and other relevant information generated by market transactions for identical or similar assets or liabilities;
- the income approach, which converts estimated future cash flows or income and expenses into a single discounted present value; and
- the cost approach, which reflects the current replacement cost of an asset at its current service capacity.

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

Note 21: Fair Value Measurements (continued)

Valuation techniques

The entity selects a valuation technique that is appropriate in the circumstances and for which sufficient data is available to measure fair value. The availability of sufficient and relevant data primarily depends on the specific characteristics of the asset being measured. The valuation techniques selected by the entity are consistent with one or more of the following valuation approaches:

- the market approach, which uses prices and other relevant information generated by market transactions for identical or similar assets or liabilities;
- the income approach, which converts estimated future cash flows or income and expenses into a single discounted present value; and
- the cost approach, which reflects the current replacement cost of an asset at its current service capacity.

Each valuation technique requires inputs that reflect the assumptions that buyers and sellers would use when pricing the asset, including assumptions about risks. When selecting a valuation technique, the entity gives priority to those techniques that maximise the use of observable inputs and minimise the use of unobservable inputs. Inputs that are developed using market data (such as publicly available information on actual transactions) and reflect the assumptions that buyers and sellers would generally use when pricing the asset are considered observable, whereas inputs for which market data is not available and therefore are developed using the best information available about such assumptions are considered unobservable.

Note 22: Fundraising activities

Fundraising activities conducted during the year included mail appeals, raffles and various other fundraising projects and receipt of indirectly solicited donations and bequests.

	Note	2023 \$	2022 \$
i) Results of fundraising appeals			
Gross proceeds from fundraising activities		1,180,395	1,534,796
Less: Direct costs of fundraising activities		(272,170)	(225,729)
Profit derived from fundraising activities		908,225	1,309,067
ii) Application of profit derived from fundraising activities			
Client service provision costs		401,917	420,262
Administration expenses		153,252	118,174
		555,159	538,436
Net fundraising profit/(loss) after application of funds		353,066	770,631

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

Note 22: Fundraising activities (continued)	2023	2023	2022	2022
	\$	%	\$	%
iii) Comparisons of certain monetary amounts and percentages				
Total cost of fundraising (*)	457,848	38.79	362,427	23.61
Gross proceeds from fundraising	1,180,395		1,534,796	
Net surplus from fundraising	722,547	61.21	1,172,369	76.39
Gross proceeds from fundraising	1,180,395		1,534,796	
Total costs of client services	1,059,136	58.63	973,656	76.39
Total expenditure	1,806,338		1,600,541	
Total costs of client services	1,059,136	50.53	973,656	39.33
Total income received	2,096,145		2,475,818	

(*) One-off additional direct fundraising costs of \$56k were incurred during the financial year in respect of the Sugar Free September campaign. Unfortunately, it raised significantly less funding than during the previous year despite the additional costs incurred, likely due to donors affected by increased interest rates and other cost-of-living pressures having less capacity to support the entity.

As these pressures will continue to be felt during the 2024 financial year, further one-off indirect fundraising costs of \$21K were incurred to develop a new fundraising strategy, which is designed to broaden the entity's donor base, partly by extending it to philanthropic organisations and high net worth donors. Additional resources have been deployed since the end of the financial year to implement the new fundraising strategy. The benefits of the new strategy will hopefully start to emerge during the 2024 and 2025 financial years.

Funds raised during the 2022 financial year were much higher than historically achieved due to \$900k being received from a bequest. A similarly one-off donation was received during the 2023 financial year but, by comparison, it was for 'only' \$525k.

Note 23: Contingent Assets or Liabilities

The directors are not aware of any contingent assets or liabilities of the entity except for:

During the 2022 financial year, the entity was notified that it was the residual beneficiary of the Estate of the late William Leslie Harding (the Estate) and the entity received \$900,000 in bequeathed funds from the Estate. As at the signing of this report, the Estate is still in administration and a final distribution is expected to be received during the 2024 financial year. The directors are not aware of the final distribution amount to be received.

Note 24: Entity Details

The registered office and principal place of business of the entity is:

Muscular Dystrophy Association of New South Wales
Level 1, 93 George Street
PARRAMATTA NSW 2124

Note 25: Auditor's Remuneration

	2023	2022
	\$	\$
Remuneration of the auditor		
- audit of the financial statements	7,500	10,000

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023

Note 26: Members' Guarantees

The entity is incorporated under the Corporations Act 2001 and is a company limited by guarantee. If the entity is wound up, the constitution states that each member is required to contribute a maximum of \$20 towards meeting any outstanding obligations of the entity. At 30 June 2023, the number of members was 126 (2022: 168).

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

DECLARATION BY CEO IN RESPECT OF FUNDRAISING APPEALS

I, Charlotte Sangster, CEO of Muscular Dystrophy Association of New South Wales, declare that in my opinion:

- (a) the financial report gives a true and fair view of all income and expenditure of the entity with respect to fundraising appeal activities for the financial year ended 30 June 2023;
- (b) the entity is able to pay all of its debts as and when the debts become due and payable;
- (c) the provisions of the Charitable Fundraising (NSW) Act 1991 and Regulations under the Act and the conditions attached to the authority have been complied with during the year ended 30 June 2023;
- (d) the internal controls exercised by the entity are appropriate and effective in accounting for all income received and applied by the entity from any of its fundraising appeals.

DocuSigned by:

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Charlotte Sangster
CEO

26 October 2023

Dated this day of October 2023

MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES
ABN 11 774 587 436

DIRECTORS' DECLARATION

In accordance with a resolution of the Directors of Muscular Dystrophy Association of New South Wales, the directors of the registered entity declare that, in the directors' opinion:

- 1) The financial statements and notes, as set out on pages 6 to 27, satisfy the requirements of the *Australian Charities and Not-for-profits Commission Act 2012* and:
 - a) comply with Australian Accounting Standards – Simplified Disclosures applicable to the entity; and
 - b) give a true and fair view of the financial position of the registered entity as at 30 June 2023 and of its performance for the year ended on that date.
- 2) There are reasonable grounds to believe that the registered entity will be able to pay its debts as and when they become due and payable.

This declaration is signed in accordance with subsection 60.15(2) of the *Australian Charities and Not-for-profits Commission Regulation 2013*.

DocuSigned by:

180F34744AD34E9

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Robert Fraser
President

27 October 2023

Dated this day of October 2023



INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES

Report on the Audit of the Financial Report

Opinion

We have audited the financial report of Muscular Dystrophy Association of New South Wales (the Company), which comprises the statement of financial position as at 30 June 2023, the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the Directors' Declaration.

In our opinion, the accompanying financial report of Muscular Dystrophy Association of New South Wales has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012* (the ACNC Act), including:

- (i) giving a true and fair view of the Company's financial position as at 30 June 2023 and of its financial performance for the year then ended; and
- (ii) complying with Australian Accounting Standards – Simplified Disclosures and Division 60 of the *Australian Charities and Not-for-profits Commission Regulation 2013*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Company in accordance with the ACNC Act, the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110: *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter

We draw attention to the following:

1. Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared in accordance with Australian Accounting Standards – Simplified Disclosures of the Australian Accounting Standards Board and the *Australian Charities and Not-for-profits Commission Act 2012*. As a result, the financial report may not be suitable for another purpose;
2. Collections and fundraising income amounting to \$8,580 for the Company (as disclosed in Note 2 to the 2023 financial statements). It is not always possible for the Company to establish controls over the collection of all sources of fundraising income prior to entry into its financial records. Accordingly, as the evidence available to us regarding revenue from this source was limited, our audit procedures with respect to fundraising and donation income had to be restricted to amounts recorded in the financial records. We therefore are unable to express an opinion whether the collections and fundraising income of the Company is complete.

Our opinion is not modified in respect of the above matters.



INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES

Information Other than the Financial Report and Auditor's Report Thereon

The directors are responsible for the other information. The other information comprises the information included in the Company's annual report for the year ended 30 June 2023, but does not include the financial report and our auditor's report thereon. Our opinion on the financial report does not cover the other information and accordingly we do not express any form of assurance conclusion thereon. In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

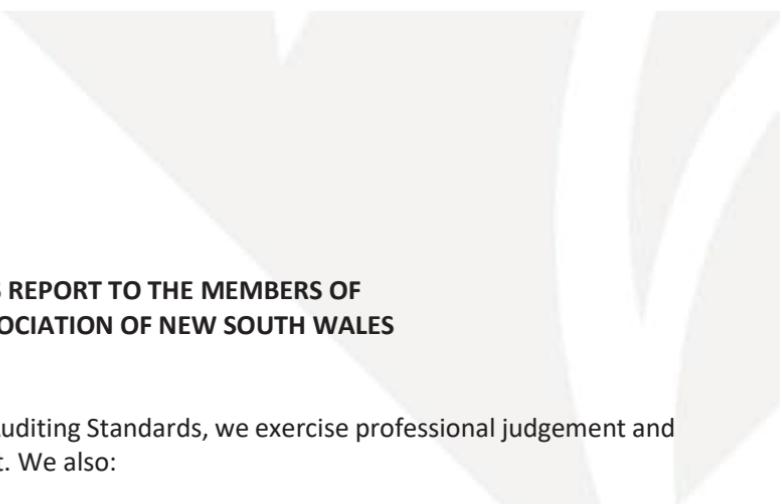
Responsibilities of the Directors for the Financial Report

The directors of the Company are responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards – Simplified Disclosures and the ACNC Act and for such internal control as the directors determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.



**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES**

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.
- Obtain sufficient appropriate audit evidence regarding the financial information of the entities or business activities within the Corporation to express an opinion on the financial report. We are responsible for the direction, supervision and performance of the Corporation's audit. We remain solely responsible for our audit opinion.

We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
MUSCULAR DYSTROPHY ASSOCIATION OF NEW SOUTH WALES**

Report on Other Legal and Regulatory Requirements

In addition, our audit report has also been prepared for the members of the Company in accordance with Section 24(2) of *Charitable Fundraising (NSW) Act 1991*. Accordingly, we have performed additional work beyond that which is performed in our capacity as auditors pursuant to the *Australian Charities and Not-for-profits Commission Act 2012*. These additional procedures included obtaining an understanding of the internal control structure for the fundraising appeal activities and examination, on a test basis, of evidence supporting compliance with the accounting and associated record keeping requirements for fundraising appeal activities pursuant to the *Charitable Fundraising (NSW) Act 1991* and Regulations.

It should be noted that the accounting records and data relied upon for reporting on fundraising appeal activities are not continuously audited and do not necessarily reflect after the event accounting adjustments and the normal year-end financial adjustments for such matters as accruals, provisioning and valuations necessary for year-end financial report preparation.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Dated this 30th day of October 2023 at North Parramatta

**McCARTHY SALKELD
AUDIT PTY LTD**



Jane Perry FCA JP

**Ground Floor, Suite 3
410 Church Street
North Parramatta NSW 2151**