

JULY 2024 - JANUARY 2025

# Peer Connect Calendar

# JULY



**Power Hour**  
@ Online Tues 2 + 16 + 30 Jul | 4-5pm



**Mums' Wine & Chat**  
@ Online Thur 11 Jul | 7.30-9pm



**Adventure Camp**  
Stanwell Tops Wed 17 - Sun 21 Jul



**Christmas in July**  
Blacktown Workers Lusso Restaurant Sat 20 Jul | 12-3pm

# AUG



**SMARTies**  
@ Online Wed 7 Aug 7.30-9pm  
Guest Speaker - Dr Christina Liang



**Mums' Wine & Chat**  
@ Online Thur 8 Aug | 7.30-9pm



**Power Hour**  
@ Online Tues 13 + 27 Aug | 4-5pm



**NEUROMUSCULAR Information & Research Day**  
NIRD @ Online Sat 24 Aug | 1-4.30pm

# SEPT



**LGMD Connect**  
@ Online Tues 3 Sept 7-8.30pm  
Guest Speaker - TBC



**Power Hour**  
@ Online Tues 10 + 24 Sept | 4-5pm



**Mums' Wine & Chat**  
@ Online Thur 12 Sept | 7.30-9pm



**Spring Roll, Ferry Trip & Potluck Picnic**  
@ TBC Sat 28 Sept | 11am

# OCT



**Myotonic MeetUp**  
@ Online Tues 1 Oct 11am-12.30pm  
Guest Speaker - TBC



**Power Hour**  
@ Online Tues 8 + 22 Oct | 4-5pm



**Mums' Wine & Chat**  
@ Online Thur 10 Oct | 7.30-9pm



**Carers Morning Tea**  
@ Armory Cafe Sydney Olympic Park Thur 17 Oct 11am



**Young Adults Retreat @**  
The Lodge, Blacktown Fri 11 - Mon 14 Oct

# NOV



**Women's Retreat**  
@ TBC Fri 1 - Sun 3 Nov



**Power Hour**  
@ Online Tues 5 + 19 Nov | 4-5pm



**Mums' Wine & Chat**  
@ Online Thur 14 Nov | 7.30-9pm



**INFO Share**  
Info Share Online Home Mods Tues 19 Nov | 11am



**Community Day**  
Adults, Kids + Families @ Granville Sat 30 Nov | 11am-2pm

# DEC



**FSHD Friends**  
@ Online Tues 3 Dec | 11am  
Guest Speaker - TBC



**Power Hour**  
@ Online Tues 10 Dec | 4-5pm



**Info Share Online**  
Peers Christmas Trivia & Party Thurs 12 Dec | 11am



**Mums' Wine & Chat**  
@ Online Thur 12 Dec | 7.30-9pm

# JAN 2025



**Summer Camp**  
Narrabeen Mon 13 - Fri 17 Jan

For more info or to register contact:

Carolyn, Senior Community Support Specialist on 0408 472 510 or via email on [carolyn.cm@mdnsw.org.au](mailto:carolyn.cm@mdnsw.org.au)  
Please note that event dates may change - visit MDNSW website or contact Carolyn for the latest updates