

HOW IT WORKS

Step 1: Register Your Interest

To start your volunteering journey with MDNSW, contact our team on info@mdnsw.org.au or phone (02) 9888 5711. You will be provided with an application form to complete.

Step 2: Let's Have a Chat

Our team will contact you within two weeks of submitting your application.

Step 3: Ticking the Boxes

If your application for a volunteer position is successful, we'll walk you through the process of any documentation you may need to prepare.

Step 4: Time to Volunteer!

Congratulations – you're now ready to volunteer with MDNSW! Depending on your volunteer role, you may be required to complete additional training.

"The volunteers are helpful and they help you set up things to have fun."



– Harry, camper

YOUR IMPACT MATTERS

- ✓ Make an impact on our neuromuscular community.
- ✓ Boost your experience and build your network.
- ✓ Gain professional references.
- ✓ Get hands-on experience and transferable skills.
- ✓ Receive exposure to the NDIS, disability and for-purpose sector with relevant training.



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**MUSCULAR
DYSTROPHY NSW**
YOUR NEUROMUSCULAR SUPPORT COMMUNITY

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Volunteering Opportunities



MAKE A DIFFERENCE AND VOLUNTEER WITH MDNSW

Volunteering with Muscular Dystrophy NSW is about making a real difference in the lives of people living with neuromuscular conditions. Whether it's helping out at our events or joining us as a camp carer, you'll be bringing people together and making a big impact!



"The work I do... is really important to me because the kids get to be as independent as possible with our support."

- Paityn, camp carer



Muscular Dystrophy NSW
ABN 11 774 587 436

Do I need to pass a background check to volunteer?

You may need to pass a series of checks before becoming a volunteer with MDNSW. This may include a police check, NDIS Worker Screening Check and Working with Children Check.

What is the time commitment for volunteering?

We understand that our volunteers have other commitments and priorities. The time commitment required for volunteering with MDNSW is completely up to you!

What skills do I need to volunteer?

The skills needed depend on the specific volunteer role, but for general volunteering all we ask for is teamwork and a can-do attitude!

Can I volunteer remotely?

Definitely! If you're unable to travel or if you live regionally, you can still volunteer with MDNSW. Our operations volunteers can work from any part of NSW and often join us online.

Are there age restrictions for volunteering?

Most of our volunteer opportunities are suitable for those aged 18 and above. But teens can get involved too! Our events volunteers have a minimum age requirement of 15 with parental consent.

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Can I volunteer if I have a full-time job or other commitments?

Certainly, we understand that you may have other commitments which is why we're happy to chat with you around the timeline and expectations of your volunteering opportunity.

Do I need any special qualifications or experience to volunteer?

General volunteers don't require any formal qualifications or experience. Some roles such as camp carers have specific requirements which we can share with you should this be an area of interest.

Can volunteering lead to paid employment?

Volunteering can enhance your skills and expand your networks. Volunteering is a great way to build your resume with hands on experience that can support future job applications.

How can I donate goods or resources instead of time?

We understand that not everyone has the capacity to donate their skills and time. If you would prefer to make a financial donation, contact fundraising@mdnsw.org.au.

Can volunteering help me fulfill academic requirements or earn credits?

Volunteering is a great way to gain on the job experience. We have partnerships with many universities where it is possible to complete a volunteering opportunity as part of your placement. However you do not need to be on a student placement to volunteer and gain experience. If you are a university student and are wanting to earn academic credits through volunteering, please contact info@mdnsw.org.au.

Event-day volunteers

Whether you're helping with set up, taking photos or supporting participants, you'll be crucial to making sure our events run smoothly.

Camp carer volunteers

Volunteering as a camp carer with MDNSW offers a unique and enriching experience for those pursuing careers in allied health, such as occupational therapy and community services.

Operations volunteers

Operations volunteers play a vital role in the smooth functioning of MDNSW, contributing to its overall success in serving the neuromuscular community.

Corporate Volunteers

By partnering with MDNSW, businesses can support initiatives that raise awareness about muscular dystrophy and build team spirit.

