



Young Adults Retreat

Hang out with old mates and make new ones! Our Young Adults Retreat are for participants aged 18-30 living with a neuromuscular condition to get together, have fun and make memories with the freedom to plan your own program. Get in touch to secure your spot.

When: Friday 14 - Monday 17 November 2025

Where: Atura Blacktown, 32 Cricketers Arms Rd, Prospect NSW 2148

Fee: \$120 admin fee (non-refundable)

Funding: You may be able to use funding from your core supports budget in your NDIS plan to cover the cost of the retreat including all meals, accommodation and equipment hire.



Visit www.mdnsw.org.au
to learn more!

Register your interest

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