



# Are you new to MDNSW?

**Tuesday 30 September**

## **WHEN**

7 – 8:30pm

## **WHERE**

Online via Zoom

## **WHO IS THIS SESSION FOR?**

Anyone new to the MDNSW community or to the world of neuromuscular conditions who would like more information, support and connection. For people of all ages living or supporting someone with a neuromuscular condition.

## **WHAT WILL BE COVERED?**

- Meet our team
- Explore the range of supports available for people living with a neuromuscular condition
- Discover how our programs can help
- Ways to get involved, access resources and connect with the wider MDNSW community.

Discover the range of supports available at MDNSW for people living with a neuromuscular condition, their support systems and loved ones.

From Peer Connect groups to inclusive and adventurous camps and retreats, we're here to help you find connection, support and belonging.

We'd love to welcome you into our community and help you feel right at home.

To register your interest, please contact the MDNSW team on [info@mdnsw.org.au](mailto:info@mdnsw.org.au) or 9888 5711.