



YOUNG ADULTS *RETREAT*

Friday 13 - Monday 16 March 2026

Hang out with old mates and make new ones! Our Young Adults Retreats are for participants aged 18-30 living with a neuromuscular condition to get together, have fun and make memories with the freedom to plan your own program. Get in touch to secure your spot.

WHEN

Friday 13th March
to Monday 16th
March 2026

WHERE

Atura Blacktown, 32 Cricketers
Arms Rd, Prospect NSW 2148

COST

\$120 non-refundable
registration fee.

FUNDING: You may be able to use funding from your NDIS plan to attend.

To register your interest, contact the MDNSW team on
info@mdnsw.org.au or phone 9888 5711.