

January – June 2026

# Peer Connect Calendar

**MUSCULAR DYSTROPHY NSW**  
YOUR NEUROMUSCULAR SUPPORT COMMUNITY

# FEB



**POWER HOUR**

⌚ Thurs 5 Feb  
4–5pm  
📍 Online



**CONNECTION LUNCH  
LOVE YOUR PEERS**

⌚ Sat 14 Feb  
12–3pm  
📍 Club Parramatta



**MYOTONIC MEET UP**

⌚ Tues 17 Feb  
11–12pm  
📍 Online



**MUMS' CHAT**

⌚ Thurs 19 Feb  
7:30–9pm  
📍 Online



**INFO SHARE**

ⓘ Employability Edge  
⌚ Tues 24 Feb | 1:30–4pm  
📍 Online

# MAR



**FSHD FRIENDS**

ⓘ Guest: Emma Weatherley  
⌚ Tues 3 Mar | 7–8:30pm  
📍 Online



**INTERNATIONAL WOMEN'S DAY**

⌚ Fri 6 Mar  
11:30–2pm  
📍 Cabarita Conservatory



**POWER HOUR**

⌚ Thurs 12 Mar  
4–5pm  
📍 Online



**MUMS' CHAT**

⌚ Thurs 12 Mar  
7:30–9pm  
📍 Online



**YOUNG ADULTS RETREAT**

⌚ Fri 13 – Mon 16 Mar  
📍 Atura Blacktown



**INFO SHARE**

ⓘ Support Worker Essentials  
⌚ Wed 25 Mar | 12–1:30pm  
📍 Online



**PEERS IN ACTION  
SIBLINGS OUTING**

⌚ Sun 29 Mar  
10am–3pm  
📍 Sydney Royal Easter Show



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# Peer Connect Calendar cont.

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# APR



MD WOMEN'S NETWORK

⌚ Wed 1 Apr  
7–8:30pm  
📍 Online



POWER HOUR

⌚ Thurs 9 Apr  
4–5pm  
📍 Online



MUMS' CHAT

⌚ Thurs 9 Apr  
7:30–9pm  
📍 Online



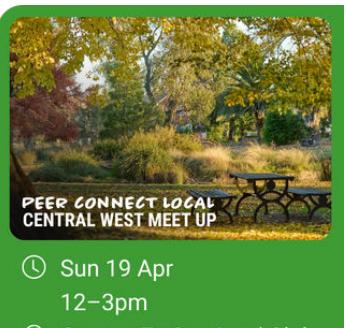
ADVENTURE CAMP

⌚ Mon 13 – Fri 17 Apr  
📍 Stanwell Tops



PEER CONNECT LOCAL  
ILLAWARRA MEET UP

⌚ Wed 15 Apr  
12–3pm  
📍 Wollongong



PEER CONNECT LOCAL  
CENTRAL WEST MEET UP

⌚ Sun 19 Apr  
12–3pm  
📍 Orange Ex-Services' Club



SMARTIES

⌚ Tues 21 Apr  
7–8pm  
📍 Online



INFO SHARE

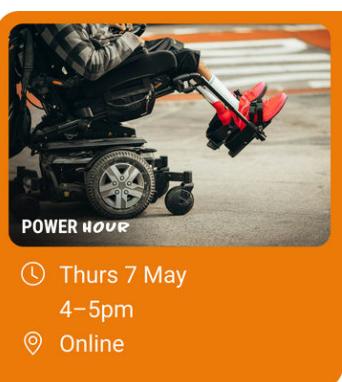
⌚ Planning for Emergencies  
⌚ Tues 28 Apr | 12–1pm  
📍 Online

# MAY



LGMD CONNECT

⌚ Topic: Relationships  
⌚ Tues 5 May | 7–8pm  
📍 Online



POWER HOUR

⌚ Thurs 7 May  
4–5pm  
📍 Online



PEERS IN ACTION

⌚ Independent Living Expo  
⌚ Wed 13 May | 11–3pm  
📍 Sydney Showground



MUMS' CHAT

⌚ Thurs 14 May  
7:30–9pm  
📍 Online



BIG RED  
ROLL & STROLL

⌚ Sat 16 May  
📍 Sydney Zoo



INFO SHARE

⌚ Accessible Travel  
⌚ Wed 27 May | 7–9pm  
📍 Online



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# Peer Connect Calendar cont.

**MUSCULAR DYSTROPHY NSW**  
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- ⌚ Fri 29 May– Mon 1 Jun
- 📍 Sydney Academy of Sport and Recreation

# JUN



- ⌚ Wed 3 Jun  
7–8:30pm
- 📍 Online



- ⌚ Thurs 4 Jun  
4–5pm
- 📍 Online



- ⌚ Thurs 11 Jun  
7:30–9pm
- 📍 Online



- ⌚ Sat 13 Jun  
12–3pm
- 📍 Location TBD



- ⌚ Fri 19 Jun  
11am–3pm
- 📍 PHIVE Parramatta



- ⌚ Wed 24 Jun  
12–2pm
- 📍 Macquarie University



- ⓘ Workshop: Nurturing Self
- ⌚ Fri 26 Jun – Sun 28 Jun
- 📍 Blue Mountains



- ⓘ Cost of Living with Disability
- ⌚ Tues 30 Jun | 7–8:30pm
- 📍 Online

# TBD



- ⌚ Date TBD
- ⌚ Time TBD
- 📍 Venue TBD



- ⓘ Powerchair Football Meet Up
- ⌚ Date & Time TBD
- 📍 Venue TBD



- ⓘ Powerchair Hockey Meet Up
- ⌚ Date & Time TBD
- 📍 Venue TBD



- ⓘ Boccia Meet Up
- ⌚ Date & Time TBD
- 📍 Venue TBD



- ⌚ Date TBD
- 📍 Venue TBD

For more information or to register, contact e: [info@mdnsw.org.au](mailto:info@mdnsw.org.au) or p: **02 9888 5711**. Please note event dates and locations may change. Visit [mdnsw.org.au](http://mdnsw.org.au) for the latest updates or contact our friendly team.

