

January – June 2026

Peer Connect Calendar

FEB



POWER HOUR

- 🕒 Thurs 5 Feb
4–5pm
- 📍 Online



CONNECTION LUNCH LOVE YOUR PEERS

- 🕒 Sat 14 Feb
12–3pm
- 📍 Club Parramatta



MYOTONIC MEET UP

- 🕒 Tues 17 Feb
11–12pm
- 📍 Online



MUMS' CHAT

- 🕒 Thurs 19 Feb
7:30–9pm
- 📍 Online



INFO SHARE

- 📄 Employability Edge
- 🕒 Tues 24 Feb | 1:30–4pm
- 📍 Online

MAR



FSHD FRIENDS

- 📄 Guest: Emma Weatherley
- 🕒 Tues 3 Mar | 7–8:30pm
- 📍 Online



INTERNATIONAL WOMEN'S DAY

- 🕒 Fri 6 Mar
11:30–2pm
- 📍 Cabarita Conservatory



POWER HOUR

- 🕒 Thurs 12 Mar
4–5pm
- 📍 Online



MUMS' CHAT

- 🕒 Thurs 12 Mar
7:30–9pm
- 📍 Online



YOUNG ADULTS RETREAT

- 🕒 Fri 13 – Mon 16 Mar
- 📍 Atura Blacktown



INFO SHARE

- 📄 Support Worker Essentials
- 🕒 Wed 25 Mar | 12–1:30pm
- 📍 Online



PEERS IN ACTION SIBLINGS OUTING

- 🕒 Sun 29 Mar
10am–3pm
- 📍 Sydney Royal Easter Show



January – June 2026


Peer Connect Calendar cont.

APR



MD WOMEN'S NETWORK

- 🕒 Wed 1 Apr 7–8:30pm
- 📍 Online




POWER HOUR

- 🕒 Thurs 9 Apr 4–5pm
- 📍 Online



MUMS' CHAT

- 🕒 Thurs 9 Apr 7:30–9pm
- 📍 Online




ADVENTURE CAMP

- 🕒 Mon 13 – Fri 17 Apr
- 📍 Stanwell Tops



PEER CONNECT LOCAL ILLAWARRA MEET UP

- 🕒 Wed 15 Apr 12–3pm
- 📍 Wollongong



PEER CONNECT LOCAL CENTRAL WEST MEET UP

- 🕒 Sun 19 Apr 12–3pm
- 📍 Orange Ex-Services' Club



SMARTies


- 🕒 Tues 21 Apr 7–8pm
- 📍 Online



INFO SHARE


- 📌 Planning for Emergencies
- 🕒 Tues 28 Apr | 12–1pm
- 📍 Online

MAY



LGMD CONNECT

- 📌 Topic: Relationships
- 🕒 Tues 5 May | 7–8pm
- 📍 Online



POWER HOUR

- 🕒 Thurs 7 May 4–5pm
- 📍 Online




PEERS IN ACTION

- 📌 Independent Living Expo
- 🕒 Wed 13 May | 11–3pm
- 📍 Sydney Showground




MUMS' CHAT

- 🕒 Thurs 14 May 7:30–9pm
- 📍 Online



BIG RED ROLL & STROLL

- 🕒 Sat 16 May
- 📍 Sydney Zoo



INFO SHARE

- 📌 Accessible Travel
- 🕒 Wed 27 May | 7–9pm
- 📍 Online



January – June 2026

Peer Connect Calendar cont.

**MUSCULAR
DYSTROPHY NSW**
YOUR NEUROMUSCULAR SUPPORT COMMUNITY

JUN



**YOUNG ADULTS
RETREAT**

- 🕒 Fri 29 May– Mon 1 Jun
- 📍 Sydney Academy of Sport and Recreation



**MD WOMEN'S
NETWORK**

- 🕒 Wed 3 Jun
7–8:30pm
- 📍 Online



POWER HOUR

- 🕒 Thurs 4 Jun
4–5pm
- 📍 Online



MUMS' CHAT

- 🕒 Thurs 11 Jun
7:30–9pm
- 📍 Online



**PEER CONNECT LOCAL
HUNTER MEET UP**

- 🕒 Sat 13 Jun
12–3pm
- 📍 Location TBD



MAKER'S DAY

- 🕒 Fri 19 Jun
11am–3pm
- 📍 PHIVE Parramatta



STUDENT LIFE

- 🕒 Wed 24 Jun
12–2pm
- 📍 Macquarie University



MUMS' RETREAT

- 📋 Workshop: Nurturing Self
- 🕒 Fri 26 Jun – Sun 28 Jun
- 📍 Blue Mountains



INFO SHARE

- 📋 Cost of Living with Disability
- 🕒 Tues 30 Jun | 7–8:30pm
- 📍 Online

TBD



MD DADS

- 🕒 Date TBD
Time TBD
- 📍 Venue TBD



PEERS IN ACTION

- 📋 Powerchair Football Meet Up
- 🕒 Date & Time TBD
- 📍 Venue TBD



PEERS IN ACTION

- 📋 Powerchair Hockey Meet Up
- 🕒 Date & Time TBD
- 📍 Venue TBD



PEERS IN ACTION

- 📋 Boccia Meet Up
- 🕒 Date & Time TBD
- 📍 Venue TBD



**PEER CONNECT
RETREAT**

- 🕒 Date TBD
- 📍 Venue TBD

For more information or to register, contact e: info@mdnsw.org.au or p: 02 9888 5711. Please note event dates and locations may change. Visit mdnsw.org.au for the latest updates or contact our friendly team.

